Great Lakes Recovery Centers is a 501(c)(3) organization that provides behavioral health services, including: mental health services, residential and outpatient substance use programming, prisoner re-entry services, trauma assessments, prevention services, peer recovery, and more.



# **GLRC Mission**

To empower recovery through hope and change

## Core Values

#### We value:

- care, respect, and empathy for all people
- a commitment to our clients' recovery
- a strength-based environment for ourselves and our clients
- dependable and trust-based relationships
- service to our communities
- the quality of life through relationships
- a strong and dependable work ethic

# Locations

GLRC offers a variety of behavioral health services in many communities across the Upper Peninsula.



For more information about the services at any of our locations, call the Access Center at (906)228-9696.

















# Veterans Services



Creating Healthy Communities
One Person at a Time

## **Veterans Services**

### Counseling and Readjustment

Great Lakes Recovery Centers provides readjustment counseling across the Upper Peninsula. Outpatient services is an opportunity for clients to walk through the assessment process with a trained clinician to determine the treatment that is relevant for them.

Specific readjustment services are offered for veterans.

GLRC also offers weekly support groups based out of Negaunee and Marquette for veterans located in Marquette County.

#### **Residential Facilities**

GLRC alos works closely with the VA to provide homeless veterans with a place to stay. Beds are available at the adult residential facilities in Marquette and Sault Ste. Marie to temporarily house homeless veterans. As a result of such a high rate of substance use and mental health disorders among homeless veterans, this program currently provides space for them in our residential service programs so that they get access to shelter and necessary services.

### Peer Recovery

Peer Recovery services are available through GLRC in Chippewa, Delta, and Marquette counties. State Certified Peer Recovery Coaches provide a variety of services in the community. These coaches have been living in recovery for a number of years and are a great resource to clients as they have a personal understanding with recovery.

### **Instruments of Peace**

Instruments of Peace (IOP) is a program offering hope to area veterans. Members of IOP may expect short, weekly, spiritually insightful meditations to help guide and encourage you on your journey, plus a weekly IOP kindness suggestion. The encouraging messages are presented by Pastor Chuck Tooman, US Army Veteran, GLRC Chaplain, Hospice Chaplain, and Instrument of Peace.

Instruments of Peace, American Veterans Nurturing Healthy Spirituality, is a growing corps of American Veterans praying frequently and living with conviction that the values that were served and fought for will be restored and prevail at home and abroad in this and future generations.

The rationale of the program is that veterans must nurture healthy spirituality because unhealthy spirituality is what creates veterans. Example: selfishness, in one form or another, has started every war and motivates every crime and social injustice imaginable. Social injustice has its roots in selfishness, and selfishness is rooted in emptiness, and emptiness is an expression of an unhealthy spirituality.

The orientation of IOP is the power and presence of the Holy Trinity God our Father and Creator, Jesus our crucified and risen Christ, and their Spirit present among us. There is no other point of orientation or context for healthy spirituality. Neutrality is not a point of orientation.

# Other Services

GLRC offers a wide variety of behavioral health services across our locations. Other services provided by the agency include:

#### Foster Care

GLRC's MDHHS Regional Resource Team provides information about becoming a foster parent, supports current foster parents, and provides comprehensive training for those interested in becoming foster parents. For more information call (920) 517-8733.

#### OS Reentry Services

GLRC works with returning parolees in the UP to assist with the transition back into the community through our program of resources and case management services. For more information call (906) 458-0616

#### Peer Recovery Services

Peer Recovery focuses on providing an environment where individuals who are living in recovery work with those who are currently receiving treatment for SUD. For more information go to <a href="https://www.greatlakesrecovery.org/peer-recovery">www.greatlakesrecovery.org/peer-recovery</a>.

#### **Prevention Services**

GLRC facilitates both substance abuse and suicide prevention programming throughout the UP. Prevention Specialists go into the community to offer evidence-based programming to schools, courts, CPS, and businesses. For more information call (906) 458-2627

### Residential Treatment

Clients in residential substance use treatment live in a therapeutic environment alongside other clients with 24-hour supervision and access to on-site clinicians. For more information call (906) 228-9696.

#### Social Detox

GLRC offers specialized services to medically stable clients as they withdraw from alcohol or drugs. Clients receive individual attention and counseling, medication management, step down care, and transition planning.

For more information call (906) 228-9696.

