Great Lakes Recovery Centers is a 501(c)(3) organization that provides behavioral health services, including: mental health services, residential and outpatient substance use programming, prisoner re-entry services, trauma assessments, prevention services, peer recovery, and more.



## **GLRC** Mission

To empower recovery through hope and change

### Core Values

We value:

- care, respect, and empathy for all people
- a commitment to our clients' recovery
- a strength-based environment for ourselves and our clients
- dependable and trust-based relationships
- service to our communities
- the quality of life through relationships
- a strong and dependable work ethic

## Locations

GLRC offers a variety of behavioral health services in many communities across the Upper Peninsula.



For more information about the services at any of our locations, call the Access Center at (906)228-9696.



www.greatlakesrecovery.org



# Recovery Housing



Creating Healthy Communities One Person at a Time

## **Recovery Housing**

#### About Recovery Housing

Recovery housing provides structure and support for those living in recovery and allows a safe environment for individuals to continue to heal from the impacts of addiction. Staff are committed to helping residents gain life skills, make healthy decisions, and strengthen their recovery. Residents attend group meetings, individual counseling, and weekly case management sessions. Often, after completing residential treatment for substance use disorders, clients return to the same living situation that had supported their addiction, and are faced with the same challenges and temptations they had before. Many of these environments are toxic. While clients have changed during treatment, their living environment has not. This is why recovery housing can be an effective support program in the continuum of care for behavioral health services.

#### Admission Criteria

- 18 years of age or older
- Be able to live in a shared living environment
- Attend four self-help meetings weekly (NA, AA, SMART Recovery, etc.)
- Obtain full-time (32+hr/week) employment within 60 days
- Participate in weekly chores
- Attend weekly house meetings
- A minimum of 30 days in recovery prior to applying to Recovery Housing
- Rent will be 30% of gross income; alternative payment arrangements may be discussed.

#### What we can offer you

- A safe and supportive living environment
- Weekly Outpatient Counseling
- Weekly Intensive Case Management

Great Lakes Recovery Centers is a non-profit, non-denominational, 501 (c)(3) corporation. Funding comes from a variety of sources. GLRC is a partner agency of the EUP United Way and the United Way of Marquette County.



#### Men's Recovery House Locations

Gary's House Men's Recovery Residence Sault Ste. Marie, MI (906) 748-9010

Tim's House Men's Recovery Residence Marquette, MI (906) 205-0125

#### Women's Recovery House Locations

Women in recovery housing can bring their children up to age 11 with them. Ripple Recovery Residence Women's Recovery Residence L'Anse, MI (906) 275-4990

> Anne's House Women's Recovery Residence Sault Ste. Marie, MI (906) 379-3002

Sue B's House Women's Recovery Residence Negaunee, MI (906) 228-7611

#### How to Apply

Applications, relapse prevention plans, and instructions on where they can be submitted can be found at: www.glrc.org/recoveryhousing or you can contact the recovery house for more information.

Great Lakes Recovery Centers is licensed by the State of Michigan and accredited by CARF (Commission on Accreditation of Rehabilitation Facilities). GLRC is also HIPAA (Health Insurance Portability and Accountability Act) compliant. GLRC actively protects the confidentiality and privacy of their clients.



### Other Services

GLRC offers a wide variety of behavioral health services across our locations. Other services provided by the agency include:

#### OS Reentry Services

GLRC works with returning parolees in the UP to assist with the transition back into the community through our program of resources and case management services. For more information call (906) 458-0616.

#### Peer Recovery Services

Peer Recovery focuses on providing an environment where individuals who are living in recovery work with those who are currently receiving treatment for SUD. For more information go to <u>www.greatlakesrecovery.org/peer-recovery</u>.

#### Prevention Services

GLRC facilitates both substance abuse and suicide prevention programming throughout the UP. Prevention Specialists go into the community to offer evidence-based programming to schools, courts, CPS, and businesses. For more information call (906) 458-2627.

#### **Residential Treatment**

Clients in residential substance use treatment live in a therapeutic environment alongside other clients with 24-hour supervision and access to on-site clinicians. For more information call (906) 228-9696.

#### **Outpatient Services**

Outpatient services are the first option for those seeking counseling, but need the freedom to continue working or going to school. Outpatient services are also used as follow-up for clients who have completed residential services. For more information call (906) 228-9696.

#### Group Offerings

GLRC offers many different counseling groups across the Upper Peninsula. The groups vary in topics, but all share the same mission to educate and aid in the recovery process. Contact your local Outpatient Services office to learn about the groups near you.