

Great Lakes Recovery Centers is a 501(c)(3) organization that provides behavioral health services, including: mental health services, residential and outpatient substance use programming, prisoner re-entry services, trauma assessments, prevention services, peer recovery, and more.



GLRC Mission

To empower recovery through hope and change

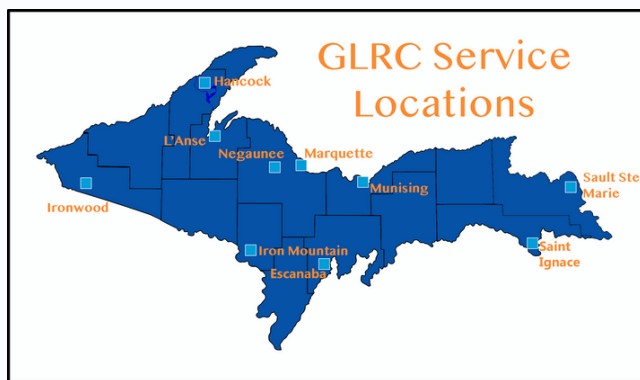
Core Values

We value:

- care, respect, and empathy for all people
- a commitment to our clients' recovery
- a strength-based environment for ourselves and our clients
- dependable and trust-based relationships
- service to our communities
- the quality of life through relationships
- a strong and dependable work ethic

Locations

GLRC offers a variety of behavioral health services in many communities across the Upper Peninsula.



For more information about the services at any of our locations, call the Access Center at (906)228-9696.



www.greatlakesrecovery.org



Peer Recovery Services



Creating Healthy Communities
One Person at a Time

Peer Recovery Services

What is Peer Recovery?

Peer Recovery is a peer-based addiction and dependency recovery support services. It is non-clinical and nonprofessional and can be implemented concurrently with professional clinical services.

Peer Recovery Coach

A Peer Recovery Coach is a person who is in recovery themselves. They have experienced first-hand hardships that substance abuse caused in their own lives and the lives close to them. As a result of personal experiences they understand many of the feelings, challenges, fears, and problems one may face as a result of substance abuse.

In recovery they have found new ways to live and have developed tools to deal with the challenges of life, drug and alcohol free. They share their stories and experiences with peers and offer suggestions and perspectives which may be helpful to those embarking on their own journey of recovery. They meet people where they are; without judgement, without any punitive or coercive tactics, and without applying pressure to model their pathway of recovery after their own.

Peer Recovery Support Services can be delivered:

- During contemplation phase
- Prior to treatment
- During residential or outpatient treatment
- Post treatment
- In later recovery stages

Examples of peer recovery support services include:

- Peer mentoring or coaching – developing a one-on-one relationship in which a peer leader with recovery experience encourages, motivates, and supports a peer in recovery
- Peer recovery resource connecting – connecting the peer with professional services and resources available in the community
- Recovery group facilitation – facilitating or leading recovery orientated group activities, including support groups and educational activities
- Building community – helping peers make new friends and build healthy social networks, through events and pro-social activities

Peer Engagement Specialists

Baraga County
(906)458-1594

Chippewa County
(906)458-2201

Delta County
(906)458-1386

Dickinson County
(906) 458-1594
(906) 458-0375

Marquette County
(906) 458-0467
(906) 458-7161

Other Services

GLRC offers a wide variety of behavioral health services across our locations. Other services provided by the agency include:

OS Reentry Services

GLRC works with returning parolees in the UP to assist with the transition back into the community through our program of resources and case management services. For more information call (906) 458-0616.

Prevention Services

GLRC facilitates both substance abuse and suicide prevention programming throughout the UP. Prevention Specialists go into the community to offer evidence-based programming to schools, courts, CPS, and businesses. For more information call (906) 458-2627.

Residential Treatment

Clients in residential substance use treatment live in a therapeutic environment alongside other clients with 24-hour supervision and access to on-site clinicians. For more information call (906) 228-9696

Veterans Services

GLRC provides readjustment counseling services and a specialized group for veterans in the community. GLRC also works closely with the VA to provide homeless veterans with a place to stay. For more information call (906) 485-2347.

Outpatient Services

Outpatient services are the first option for those seeking counseling, but need the freedom to continue working or going to school. Outpatient services are also used as follow-up for clients who have completed residential services. For more information call (906) 228-9696.

Group Offerings

GLRC offers many different counseling groups across the Upper Peninsula. The groups vary in topics, but all share the same mission to educate and aid in the recovery process. Contact your local Outpatient Services office to learn about the groups near you.