

Great Lakes Recovery Centers is a 501(c)(3) organization that provides behavioral health services, including, mental health services, residential and outpatient substance abuse programming, prisoner re-entry services, trauma assessments, prevention services, peer recovery and more.

## GLRC Mission

to empower recovery through hope and change

## Core Values

We value:

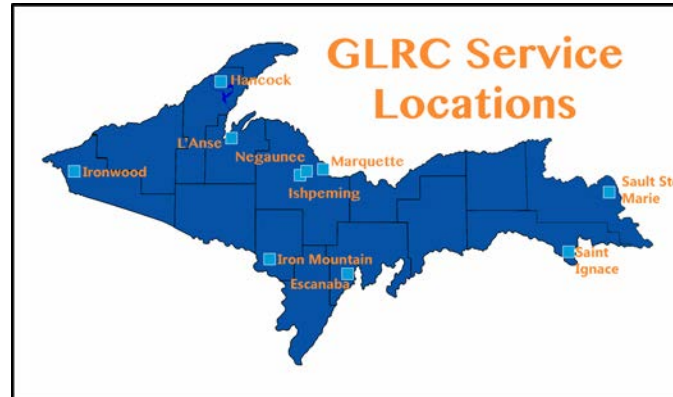
- caring, respect, and empathy for all persons
- a commitment to our clients' recovery
- a strength-based environment for ourselves and our clients
- dependable, trust-based relationships
- service to our communities
- the quality of life through relationships
- a strong and dependable work ethic

Great Lakes Recovery Centers is a non-profit, non-denominational, 501 (c)(3) corporation. Funding comes from a variety of sources. GLRC is a partner agency with the United Ways of Marquette County and the Copper Country United Way.



## Locations

GLRC offers a variety of behavioral health services in many communities across the Upper Peninsula.



For more information about the services at any of our locations, call the Access Center at (855) 906-4572 or (906) 228-9696.

[www.glrc.org](http://www.glrc.org)

Great Lakes Recovery Centers is licensed by the State of Michigan and accredited by CARF (Commission on Accreditation of Rehabilitation Facilities). We are also HIPAA (Health Insurance Portability and Accountability Act) compliant. GLRC actively protects the confidentiality and privacy of our clients.



# Great Lakes Recovery Centers

Behavioral Health Services

## Employee Assistance Program



## Creating Healthy Communities One Person at a Time



# Employee Assistance Program

## What is the Employee Assistance Program?

The Employee Assistance Program (EAP) is a confidential counseling service available to you and your dependents. The EAP is provided by your employer as a prevention service designed to help you with personal problems before work performance is affected.

## What kind of services are covered?

EAP provides counseling for a wide variety of clients. Some of the problems covered by the EAP include, but are not limited to:

- Anxiety or depression
- Grief
- Life stressors or adjustment issues
- Marital/family issues
- Parenting support
- Problems at work
- Substance abuse

## How do I make an appointment?

Call the Great Lakes Recovery Centers' Access Center toll free at (855) 906-4572 or (906) 228-9696 and an Access Center Navigator will guide you through the scheduling process.

## Who is eligible?

All employees, their spouses and their dependent children are eligible for four sessions of EAP.

## What is the cost?

EAP counseling with a Great Lakes Recovery Centers Counselor is paid by a contract with your employer. Up to four sessions of counseling through Great Lakes Recovery Centers is without charge to the employee. If additional counseling or referrals are needed those costs are the responsibility of the employee/client which can be billed to the client's health insurance.

## Who will know about services received?

Services are completely confidential between the client and their counselor unless the client agrees, in writing, to release information. This is a right protected by Federal Law. Exceptions such as when child abuse is involved are explained.

## Where can I access services?

EAP Services are offered in the Western Upper Peninsula at the following Outpatient Services offices: Hancock, Iron Mountain, Ironwood, and Ishpeming. Telehealth appointments are available at all locations with some locations also providing in-person services.

# Other Services

GLRC offers a wide variety of behavioral health services across our locations. Other services provided by the agency include:

## Foster Care

GLRC's MDHHS Regional Resource Team provides information about becoming a foster parent, supports current foster parents, and provides comprehensive training to those interested in becoming foster parents.

## Offender Success

GLRC works with returning parolees in the UP to assist with transition back into the community through our program of resources and case management services.

## Peer Recovery Services

Peer Recovery focuses on providing an environment where individuals who are living in recovery work with those who are currently receiving treatment for SUD.

## Prevention Services

GLRC facilitates both substance abuse and suicide prevention programming throughout the U.P. Prevention Specialists go into the community to offer evidence-based programming to schools, courts, CPS and businesses.

## Residential Treatment

Clients in residential substance use treatment live in a therapeutic environment alongside other clients with 24-hour supervision and access to on-site clinicians.

## Veterans Services

GLRC provides readjustment counseling services and a specialized group for veterans in the community. GLRC also works closely with the VA to provide homeless veterans with a place to stay.

## Substance Abuse Services

GLRC offers a range of Substance Abuse Services such as Substance Use Disorder Assessments, Peer Recovery, Individual Outpatient Counseling, Group Counseling and Residential Treatment for both youth and adults. We also offer recovery housing at multiple locations in the Upper Peninsula. Our Adolescent Services Center is the only residential facility for individuals ages 12-17 with Substance Use Disorder in the Upper Peninsula.

