

Great Lakes Recovery Centers is a 501(c)(3) organization that provides behavioral health services, including, mental health services, residential and outpatient substance abuse programming, prisoner re-entry services, trauma assessments, prevention services, peer recovery and more.

GLRC Mission

to empower recovery through hope and change

Core Values

We value:

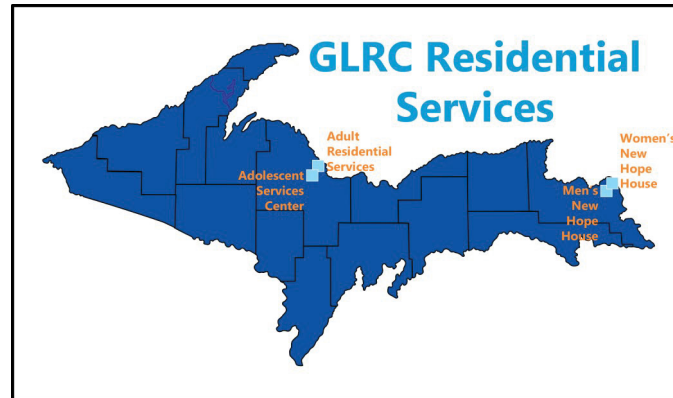
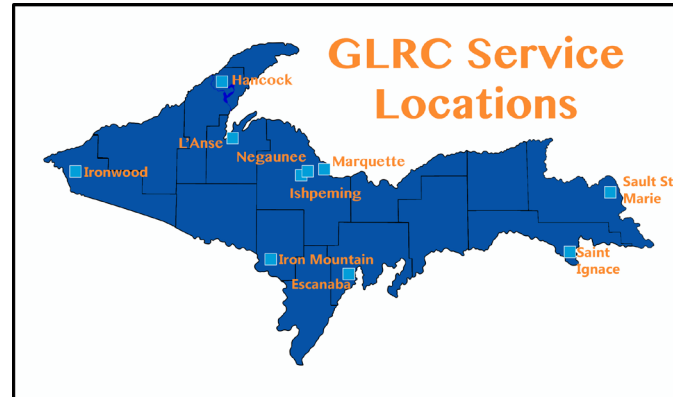
- caring, respect, and empathy for all persons
- a commitment to our clients' recovery
- a strength-based environment for ourselves and our clients
- dependable, trust-based relationships
- service to our communities
- the quality of life through relationships
- a strong and dependable work ethic

Great Lakes Recovery Centers is a non-profit, non-denominational, 501 (c)(3) corporation. Funding comes from a variety of sources. GLRC is a partner agency with the United Ways of Marquette County and the Copper Country United Way.



Locations

GLRC offers a variety of behavioral health services in many communities across the Upper Peninsula.



For more information about the services at any of our locations, call the Access Center at (855) 906-4572 or (906) 228-9696.

www.glrc.org

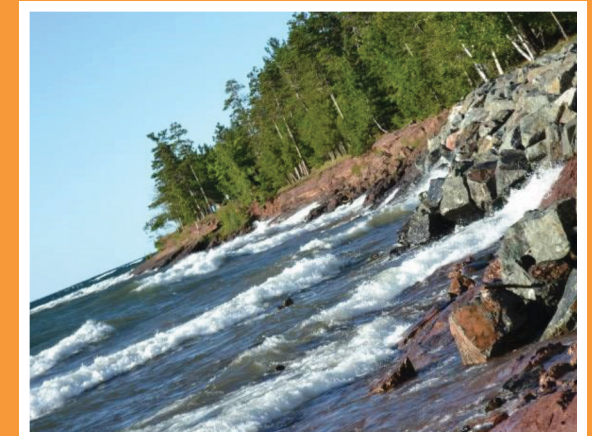
Great Lakes Recovery Centers is licensed by the State of Michigan and accredited by CARF (Commission on Accreditation of Rehabilitation Facilities). We are also HIPAA (Health Insurance Portability and Accountability Act) compliant. GLRC actively protects the confidentiality and privacy of our clients.



Great Lakes Recovery Centers

Behavioral Health Services

Peer Recovery Services



Creating Healthy Communities One Person at a Time



Peer Recovery Services

What is Peer Recovery?

Peer Recovery is a peer-based addiction and dependency recovery support service. It is non-clinical and nonprofessional and can be implemented concurrently with professional clinical services.

Peer Recovery Coach

A Peer Recovery Coach is a person who is in recovery themselves. They have experienced first-hand the hardships that substance abuse caused in their own lives and the lives close to them. As a result of personal experiences they understand many of the feelings, challenges, fears, and problems one may face as a result of substance abuse.

In recovery they have found new ways to live and have developed tools to deal with the challenges of life, drug and alcohol free. They share their stories and experiences with peers and offer suggestions and perspectives which may be helpful to those embarking on their own journey of recovery. They meet people where they are; without judgement, without any punitive or coercive tactics, and without applying pressure to model their pathway of recovery after their own.

Peer Recovery Support Services can be delivered anytime during the recovery process:

- During contemplation phase
- Prior to treatment
- During residential or outpatient treatment
- Post treatment
- In later recovery stages

Examples of peer recovery support services include:

- Peer mentoring or coaching – developing a one-on-one relationship in which a peer leader with recovery experience encourages, motivates, and supports a peer in recovery
- Peer recovery resource connecting – connecting the peer with professional services and resources available in the community
- Recovery group facilitation – facilitating or leading recovery orientated group activities, including support groups and educational activities
- Building community – helping peers make new friends and build healthy social networks, through events and pro-social activities

Peer Engagement Specialists

Chippewa County

Andrea Kokko, (906) 458-2201

Delta County

Rebecca Bussineau, (906) 458-1386

Dickinson & Iron Counties

Melissa Henderson, (906) 458-1594
Kevin Freivalt, (906) 458-0375

Marquette County

Russell Beaudry, (906) 458-0467
Debra Pascoe, (906)251-0752

Other Services

GLRC offers a wide variety of behavioral health services. Some of these services include:

Outpatient Services

GLRC currently has eight outpatient services offices across the Upper Peninsula. The availability of clinicians and services are different at each location, please call the Access Center at (906) 228-9696 to inquire about services near you.

Residential Services

GLRC has three residential centers for adults and the only residential treatment center for adolescents with Substance Use Disorder in the UP.

Recovery Housing

GLRC has four recovery houses in the UP, located in Marquette, Sault Ste. Marie, and L'Anse. Recovery housing provides structure, support, and a safe environment for individuals living in recovery.

Opioid Home Health

Opioid Health Home is a program that consists of an interdisciplinary team of providers that help to coordinate, support and assist individuals who have been diagnosed with an Opioid Use Disorder.

Social Detox

All three of the adult residential services sites offer Social Detox services to medically stable clients as they withdraw from alcohol or drugs.

Prevention Services

GLRC facilitates both substance abuse and suicide prevention programming throughout the UP.

Veterans Services

GLRC offers weekly support groups for veterans, as well as residential access.

