Great Lakes Recovery Centers is a 501(c)(3) organization that provides behavioral health services, including, mental health services, residential and outpatient substance abuse programming, prisoner re-entry services, trauma assessments, prevention services, peer recovery and more.

### **GLRC** Mission

to empower recovery through **hope** and **change** 

### **Core Values**

### We value:

- caring, respect, and empathy for all persons
- a commitment to our clients' recovery
- a strength-based environment for ourselves and our clients
- dependable, trust-based relationships
- service to our communities
- the quality of life through relationships
- a strong and dependable work ethic

Great Lakes Recovery Centers is a non-profit, non-denominational, 501 (c)(3) corporation. Funding comes from a variety of sources.

GLRC is a partner agency with the United Ways of Marquette County and the Copper Country United Way.



### Locations

GLRC offers a variety of behavioral health services in many communities across the Upper Peninsula.





For more information about the services at any of our locations, call the Access Center at (855) 906-4572 or (906) 228-9696. www.glrc.org

Great Lakes Recovery Centers is licensed by the State of Michigan and accredited by CARF (Commission on Accreditation of Rehabilitation Facilities). We are also HIPAA (Health Insurance Portability and Accountability Act) compliant. GLRC actively protects the confidentiality and privacy of our clients.



# Great Lakes Recovery Centers

Behavioral Health Services

# Child & Adolescent Psychiatric Specialty Clinic



Creating Healthy Communities One Person at a Time



## Child & Adolescent Psychiatric Specialty Clinic

Great Lakes Recovery Centers (GLRC) established the Child & Adolescent Psychiatric Specialty Clinic to help address the unmet need for psychiatric and specialty mental health services for children and families.

GLRC believes that effectively addressing adverse childhood experiences and mental health issues requires access to a full spectrum of services including psychiatric care, specialty assessment and treatment services, and clinicians specially trained in trauma, childhood development, and family systems.

GLRC's philosophy for treating behavioral health needs is to assist individuals and families in finding their unique pathway to healing and understanding that no two individuals are the same. GLRC will help individuals utilize many different pathways to find their own personal path to healing.

#### Population

The target population for the Child & Adolescent Psychiatric Specialty Clinic includes those children, ages five through eighteen, dealing with moderate to severe mental health issues. Clients will be required to participate in conjoint mental health treatment, with ongoing communication between the therapist and psychiatrist.

#### **Services Provided**

Under the direction of a Licensed Psychiatrist, the Child & Adolescent Psychiatric Specialty Clinic hosts a comprehensive array of services including:

- Psychiatric Evaluations
- Medication Management
- Neurodevelopmental Trauma Assessments
- Parent Education
- Trauma-Focused Cognitive Behavioral Therapy
- Cognitive Behavioral Therapy
- Individual/Play Therapy
- Family Therapy
- Family Systems Approach
- Collaboration with community providers and coordination of care

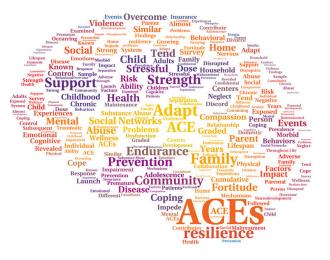
The close proximity of children's services allows for ease of access for coordination of auxiliary care, including individual, family and group therapy, as well as coordination of care with local medical practitioners.

The clinic is located at 97 S. 4th Street, Suite A, in Ishpeming and open Monday through Friday with special hours for psychiatric access. Conjoint mental health services for children can be scheduled with our specially trained children's therapists on an ongoing basis.

### Adverse Childhood Experiences

Adverse Childhood Experiences (ACEs) affect individuals into adulthood, resulting in higher risk for various health problems. Once we identify that a child is experiencing ACEs, we can connect them with age specific resources needed to prevent adverse effects or promote healing.

Neuroscientific research is overwhelming regarding the lifelong impact of unaddressed childhood adversity and mental health issues. ACEs are common and highly interrelated. They do not distinguish between gender, geography, or economic status.



#### Image Courtesy of Northwest Center for Public Health Practice



#### **Payment Methods**

GLRC accepts many insurance plans, including Blue Cross/Blue Shield, Magellen, and UPHP. Our dedicated team of specialists can assist you in