

Great Lakes Recovery Centers is a 501(c)(3) organization that provides behavioral health services, including, mental health services, residential and outpatient substance abuse programming, prisoner re-entry services, trauma assessments, prevention services, peer recovery and more.

GLRC Mission

to empower recovery through hope and change

Core Values

We value:

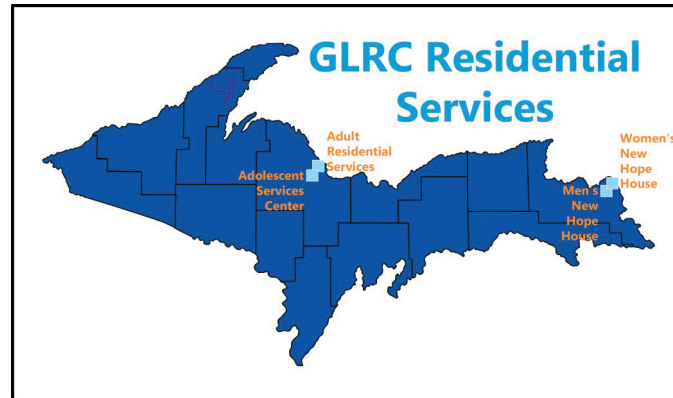
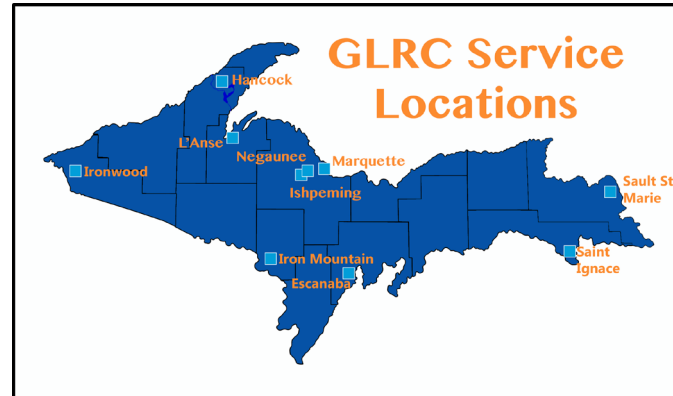
- caring, respect, and empathy for all persons
- a commitment to our clients' recovery
- a strength-based environment for ourselves and our clients
- dependable, trust-based relationships
- service to our communities
- the quality of life through relationships
- a strong and dependable work ethic

Great Lakes Recovery Centers is a non-profit, non-denominational, 501 (c)(3) corporation. Funding comes from a variety of sources. GLRC is a partner agency with the United Ways of Marquette County and the Copper Country United Way.



Locations

GLRC offers a variety of behavioral health services in many communities across the Upper Peninsula.



For more information about the services at any of our locations, call the Access Center at (855) 906-4572 or (906) 228-9696.

www.glrc.org

Great Lakes Recovery Centers is licensed by the State of Michigan and accredited by CARF (Commission on Accreditation of Rehabilitation Facilities). We are also HIPAA (Health Insurance Portability and Accountability Act) compliant. GLRC actively protects the confidentiality and privacy of our clients.



Great Lakes Recovery Centers

Behavioral Health Services

Adult Residential Services



Creating Healthy Communities One Person at a Time



Adult Residential Services

Adult Residential Services is a barrier-free, fully accredited treatment center serving both male and female clients eighteen and older. We have been offering quality Substance Use Disorder treatment and relapse prevention services since 1973. Clients live and work together in a supportive environment, with separate wings for men and women.

Individual Treatment

Our counselors begin by helping each client pinpoint important issues related to their addiction and life history. At the same time, clients identify their personal strengths, support systems and other resources they'll need for a successful, long-term recovery. By using the gathered information, clients and counselors work in collaboration to develop appropriate, realistic goals for each individual.

Group Therapy

Group therapy sessions are facilitated by qualified staff members and conducted daily. During these sessions, clients focus on acquiring new living skills and learning to put them into practice. Some of the group programs include:

- 12 Step Study Group
- Acceptance & Commitment Therapy
- Anger Management
- Dialectical Behavioral Therapy (DBT)
- Family Interactions
- Intensive Relapse Prevention
- Life Skills Development
- Living in Balance
- Men's & Women's Support & Processing
- Physiology of Addiction
- Thinking for a Change
- Vocational Education

Recreational Therapy

Healthy exercise is an essential part of a well-rounded recovery. Residents are encouraged to play volleyball, basketball, horseshoes, hike or just stroll along Lake Superior, which is two blocks away. We also offer women's yoga to exercise a healthy spirit and body.

Social Detox

All three of the adult residential services sites offer Social Detox services to medically stable clients as they withdraw from alcohol or drugs. Extensive monitoring and care is provided for these clients.

Community Involvement

We believe in the healthy effects of giving back to the community and helping others. Our clients participate in a wide variety of civic and charitable activities during treatment.

Continuing Care

Clients often arrive with serious medical issues. On-site consultations and exams are conducted regularly by our affiliated physicians.

Transition Planning

From the first day of treatment, residents are planning for their return home. Our goal is to help everyone obtain access to the care and assistance they'll need, including employment, housing, family support and follow-up medical and/or behavioral health services.

Other Services

GLRC offers a wide variety of behavioral health services. Some of these services include:

Peer Recovery

Specialists who share lived experience help others by reducing barriers towards recovery.

Medication Assisted Treatment

GLRC's Medication Assisted Treatment clinic provides a combination of counseling services and medication that can help control cravings and the chemical impacts of substances.

Medical Services

GLRC is now offering general health and women's specialty care services.

Offender Success

GLRC works with returning parolees in the UP to assist with transition back into the community.

Prevention Services

GLRC facilitates both substance abuse and suicide prevention programming throughout the UP.

Trauma Assessments

GLRC partners with Easterseals of Michigan to provide trauma assessments to children ages 1-18.

Veterans Services

GLRC offers weekly support groups for veterans, as well as residential access.

Recovery Housing

Recovery housing provides structure, support, and a safe environment for individuals living in recovery. Staff are committed to helping residents gain life skills, make healthy decisions, and strengthen their recovery, while attending group meetings, individual counseling, and case management sessions. The Ripple Recovery Residence, located in L'Anse, provides recovery housing for up to six women with the option to bring their children. Sue B's House, located in Marquette, is an eight-bed recovery residence for women, while Gary's House, located in Sault Ste. Marie, is a five-bed recovery residence for men.

