

Great Lakes Recovery Centers is a 501(c)(3) organization that provides behavioral health services, including, mental health services, residential and outpatient substance abuse programming, prisoner re-entry services, trauma assessments, prevention services, peer recovery and more.

## GLRC Mission

to empower recovery through hope and change

## Core Values

We value:

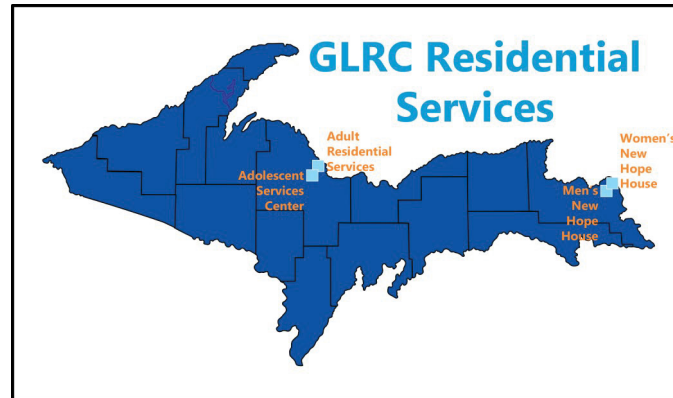
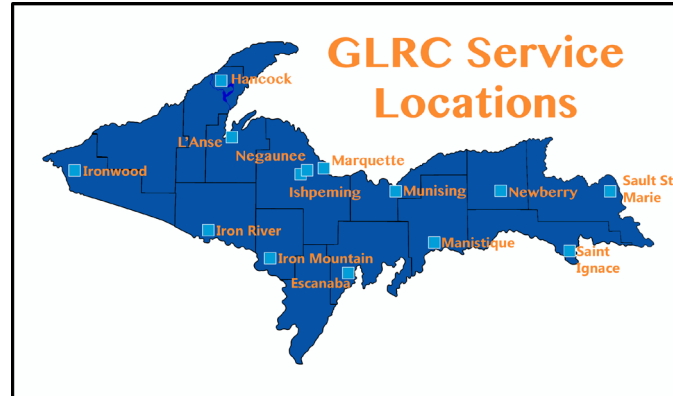
- caring, respect, and empathy for all persons
- a commitment to our clients' recovery
- a strength-based environment for ourselves and our clients
- dependable, trust-based relationships
- service to our communities
- the quality of life through relationships
- a strong and dependable work ethic

Great Lakes Recovery Centers is a non-profit, non-denominational, 501 (c)(3) corporation. Funding comes from a variety of sources. GLRC is a partner agency with the United Ways of Marquette County and the Copper Country United Way.



## Locations

GLRC offers a variety of behavioral health services in many communities across the Upper Peninsula.



For more information about the services at any of our locations, call the Access Center at (855) 906-4572 or (906) 228-9696.

[www.glrc.org](http://www.glrc.org)

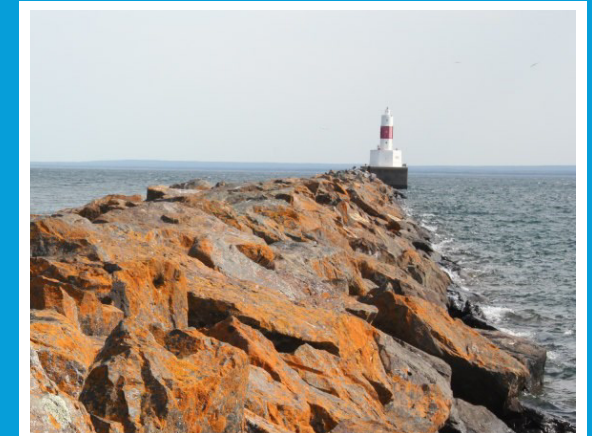
Great Lakes Recovery Centers is licensed by the State of Michigan and accredited by CARF (Commission on Accreditation of Rehabilitation Facilities). We are also HIPAA (Health Insurance Portability and Accountability Act) compliant. GLRC actively protects the confidentiality and privacy of our clients.



# Great Lakes Recovery Centers

## Behavioral Health Services

## Outpatient Services



Creating Healthy Communities One Person at a Time



# Outpatient Services

Great Lakes Recovery Centers (GLRC) has nine Outpatient Services offices across the Upper Peninsula. A variety of services happen through the Outpatient Services Offices, including: individual and group counseling, peer recovery, prevention services and Offender Success programming.

Outpatient services are the first option for those seeking counseling, but need the freedom to continue working or attending school. Outpatient services are also used as follow-up for those clients who have completed residential services.

## Substance Abuse Services

GLRC offers Substance Use Disorder (SUD) services at our outpatient offices. These services provide flexible, comprehensive treatment options for individuals struggling with SUD. These services include assessments, individual counseling services, links to community resources including Alcoholics and Narcotic Anonymous, Court and DMV assessments, and services specifically designed for women and families.

## Mental Health Services

Mental Health services are offered in a number of our outpatient services locations. Clinicians are trained to recognize and personalize a treatment plan for adults, adolescents and children troubled by anxiety or depression, stress conflicts or relationship difficulties, trauma or abuse (PTSD), attention, conduct and educational issues, sexual disorders and addiction and other issues.

## Mental Illness and Co-occurring Disorders

Mental Illnesses disrupt a person's thinking, feeling, mood, daily functioning and their ability to relate to others. These disorders range in severity from mildly debilitating to life threatening. Co-occurring Disorders are a combination of mental health and substance abuse issues in one individual. Help is available through individual and group counseling.

## Women and Family Services

Women and Family Services provide specialized case management by a certified Women and Family Specialist to all clients in Marquette County. This casement addresses housing, legal issues, financial, education, medical referrals and parenting classes. Funds are available to help with needed expenses including diapers and other essentials, as well as gas cards in some cases.

## Peer Recovery

Peer Recovery coaching is a peer-based addiction and dependency recovery support service. It is non-clinical and nonprofessional and can be implemented concurrently with professional clinical services. Peer interventions have shown to improve engagement and retention of people seeking services and are effective in reducing incidents of return to use. Peer recovery coaches are available to meet free of charge in public or at the peer recovery drop-in locations at various outpatient offices.

## Group Therapy

A variety of outpatient groups are held weekly at many of our Outpatient Services Locations. These groups provide a non-judgmental setting for individuals struggling with substance abuse. GLRC also facilitates AA and NA meetings at many of our outpatient offices.

# Other Services

GLRC offers a wide variety of behavioral health services. Some of these services include:

## Child & Adolescent Psychiatric Services

Services for children and adolescents dealing with mild to moderate mental health issues that require the care of a licensed psychiatrist.

## Foster Care

GLRC's MDHHS Regional Resource Team provides information about becoming a foster parent, supports current foster parents, and provides comprehensive training to those interested in becoming foster parents.

## Medication Assisted Treatment

GLRC's Medication Assisted Treatment clinic provides a combination of counseling services and medication that can help control cravings and the chemical impacts of substances.

## Prevention Services

GLRC facilitates both substance abuse and suicide prevention programming throughout the UP.

## Recovery Housing

Provides structure, support, and a safe environment for individuals living in recovery.

## Social Detox

All three of the adult residential services sites offer Social Detox services to medically stable clients as they withdraw from alcohol or drugs.

## Veterans Services

GLRC offers weekly support groups for veterans, as well as residential access.

