



## Residential Services

### What to bring to treatment:



Clothing; appropriate sleepwear and weather specific attire

Hygiene products

Towels and washcloths



Paper, pens, envelopes, and stamps

Bedding, sheets (for a twin size bed), and pillows



Alarm clock

All medications in their current prescription bottles with the labels still intact and legible; do your best to enter treatment with at least a 30 day supply



\* Please do your best to bring enough necessities for the entirety of your treatment stay (approximately 30 days) -- trips to the store are not guaranteed

### What **NOT** to bring to treatment:



Weapons -- knives, guns, brass knuckles, etc.

Cell Phones

Alcohol, drugs, paraphernalia



Any clothing depicting drug/alcohol use

Energy drinks



Products with alcohol content (perfume, body spray, etc.)

Vehicles