

Great Lakes Recovery Centers is a 501 (c) 3 organization that provides behavioral health services, residential and outpatient substance abuse programming, prisoner re-entry services, trauma assessments, prevention services, peer recovery and much more.

## MISSION:

to empower recovery  
through **hope**  
and **change**

## Core Values:

We value:

- ♦ caring, respect and empathy for all persons
- ♦ a commitment to our clients' recovery
- ♦ a strength-based environment for ourselves and our clients
- ♦ dependable, trust-based relationships
- ♦ service to our communities
- ♦ the quality of life through relationships
- ♦ a strong and dependable work ethic

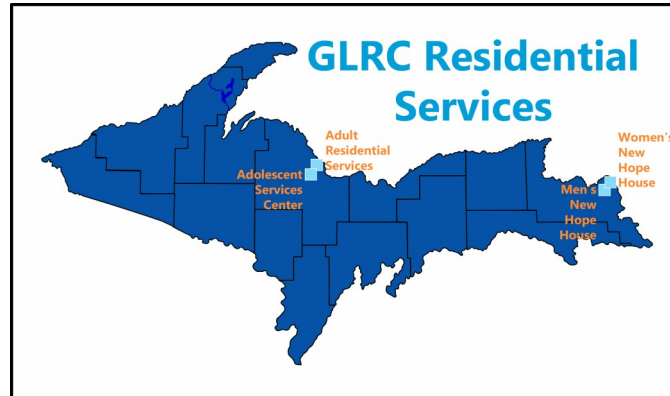
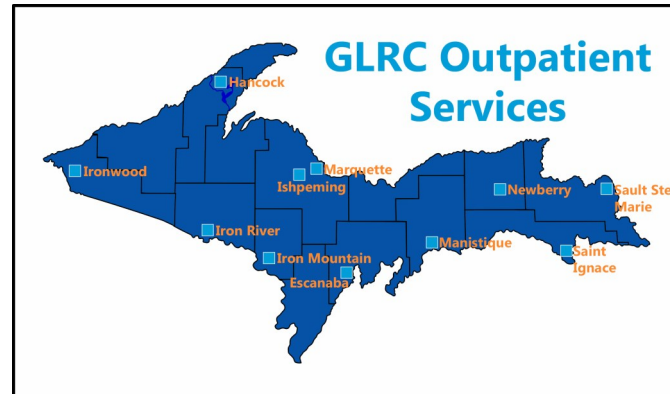
Great Lakes Recovery Centers is a non-profit, non-denominational, 501 (c) 3 corporation. Funding comes from a variety of sources. GLRC is a partner agency with the United Ways of Marquette County and the Copper Country United Way.

United  
Way



## LOCATIONS

GLRC has 11 Outpatient Offices and 4 residential facilities across the Upper Peninsula.



For more information about the services at any of our locations, call the Access Center at (855) 906-4572 or (906) 228-9696.

[www.greatlakesrecovery.org](http://www.greatlakesrecovery.org)

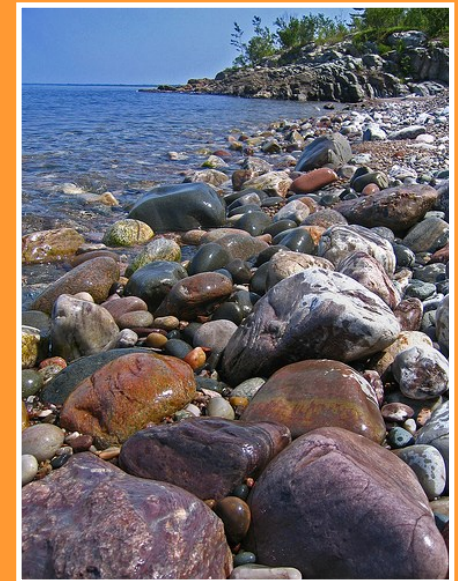
Great Lakes Recovery Centers is licensed by the State of Michigan and accredited by CARF (Commission on Accreditation of Rehabilitation Facilities). We are also HIPAA (Health Insurance Portability and Accountability Act) compliant. GLRC actively protects the confidentiality and privacy of our clients.



# Great Lakes Recovery Centers

## Behavioral Health Services

Programs  
and  
Services



Creating Healthy  
Communities One  
Person at a Time



# SUBSTANCE ABUSE SERVICES

## Outpatient Services

Great Lakes Recovery Centers (GLRC) has 11 outpatient services offices across the Upper Peninsula. Outpatient services are the first option for those who need the freedom to continue working or attending school and are used as follow-up for those clients who have completed residential services.

## Residential Services

GLRC has 3 residential centers for adults and the only residential treatment center for youth with Substance Use Disorder in the Upper Peninsula. Residential treatment allows clients to live in a therapeutic environment, alongside other clients with 24-hour supervision and access to on-site clinicians. Residential treatment usually includes an assessment of physical and mental health, coordination of medical services, individual therapy with a designated counselor, an individualized treatment plan and transitional planning.

## Youth Residential

Adolescent Services Center (ASC) provides residential treatment for youth between the ages of 12 and 17. ASC believes in a holistic approach to substance abuse treatment and works individually with each client to create an individualized plan with a variety of evidence-based substance abuse and relapse prevention materials. A year-round classroom is taught by a state certified teacher who meets each child's educational needs. Clients take part in weekly recreational activities, community service projects, gardening and much more. In addition to individual and group counseling, ASC clients also take part in family therapy, music therapy and equine therapy. Youth have the opportunity to express themselves through various means such as art, photography, Native American programs, meditation, yoga, faith-based counseling, etc.

## AcuDetox

The adult residential facilities, along with the outpatient offices in Iron Mountain and Marquette offer AcuDetox as another pathway to recovery.

## Social Detox

All three of the adult residential services sites offer Social Detox services to medically stable clients as they withdraw from alcohol or drugs. Extensive monitoring and care is provided for these clients.

## Women & Family Services in Residence

Women's New Hope House in Sault Saint Marie has specially furnished suites to accommodate clients with dependent children up to age 11. School aged children are bussed to school, while onsite care is provided for younger children. Parenting classes are offered for mothers with children of all ages.

## Women & Family Services

All primary caregivers in Marquette County will receive specialized case management by a certified Women and Family Specialist. This casement will address housing, financial, education and legal issues. It will also provide medical referrals and parenting classes. Funds are available to help with needed expenses through this program.

## Group Therapy

A variety of outpatient groups are held weekly at many of our Outpatient Services Offices.

## Sue B's House

Sue B's House is a safe and recovery-focused home for women who are beginning their lives alcohol and drug free. The program requires women to participate in outpatient counseling and community support groups.

# OTHER SERVICES

Great Lakes Recovery Centers offers a wide variety of services. Some of these services include:

- ◆ **Crisis Mental Health Screenings** — GLRC staff provides Mental Health Screenings in two Upper Peninsula hospitals.
- ◆ **Mental Health First Aid (MHFA) Initiative** — GLRC coordinates with MHFA Instructors to offer MHFA courses across the Upper Peninsula.
- ◆ **Offender Success** — GLRC works with returning parolees in the Upper Peninsula to assist with transition back into the community.
- ◆ **Peer Recovery** — Specialists who share lived experience help others by reducing barriers towards recovery.
- ◆ **Prevention Services** — GLRC coordinates Communities That Care in four counties in the Upper Peninsula and teaches Botvin's Life Skills classes at several schools.
- ◆ GLRC facilitates **Suicide Prevention Action Teams** in two Upper Peninsula communities.
- ◆ **Trauma Assessment Services (LUNA)** — GLRC provides for a comprehensive multi-disciplinary trauma assessment for children ages 2—17.
- ◆ **Veteran's Services** — GLRC offers weekly support groups for veterans, as well as residential access.

## Mental Health Services

Mental Health services are offered in a number of our outpatient services locations. Clinicians are trained to recognize and personalize a treatment plan for adults, adolescents and children troubled by anxiety or depression, stress conflicts or relationship difficulties, trauma or abuse (PTSD), attention, conduct and educational issues, sexual disorders and addiction.

