



Child & Adolescent Psychiatric Services

Great Lakes Recovery Centers (GLRC) established the Child & Adolescent Psychiatric Specialty Clinic to help address the unmet need for psychiatric and specialty mental health services for children and families. GLRC believes that effectively addressing adverse childhood experiences and mental health issues requires access to a full spectrum of services including psychiatric care, specialty assessment and treatment services, and clinicians specially trained in trauma, childhood development, and family systems.

GLRC's philosophy for treating behavioral health needs is to assist individuals and families in finding their unique pathway to healing and understanding that no two individuals are the same. GLRC will help individuals utilize many different pathways to find their own personal path to healing.

Population

The target population for the Child & Adolescent Psychiatric Specialty Clinic includes those children, ages five through eighteen, dealing with moderate to severe mental health issues. Clients will be required to participate in conjoint treatment, with ongoing communication between the therapist and psychiatrist.

Services Provided

Under the direction of Dr. Steven Klamerus, Board Certified Child & Adolescent Psychiatrist, the Child & Adolescent Psychiatric Specialty Clinic will host a comprehensive array of services including:

- Psychiatric Evaluations
- Medication Management
- LUNA - Neurodevelopmental Trauma Assessments
- Coordinated Therapy Services with Clinicians specializing in:
 - Parent Education
 - Trauma-Focused Cognitive Behavioral Therapy
 - Cognitive Behavioral Therapy
 - Individual/Play Therapy
 - Family Therapy
 - Family Systems Approach
- Collaboration with community providers and coordination of care

ACES

Adverse Childhood Experiences (ACEs) affect individuals into adulthood, resulting in higher risk for various health problems. Once we identify that a child is experiencing ACEs, we can connect them with age specific resources needed to prevent adverse effects or promote healing. Neuroscientific research is overwhelming regarding the lifelong impact of unaddressed childhood adversity and mental health issues. ACEs are common and highly interrelated. They do not distinguish between gender, geography, or economic status.

Payment Methods

GLRC accepts many insurance plans, including Blue Cross/Blue Shield, Magellen, Tri-Care, and UPHP. Our dedicated team of specialists can assist you in determining if your insurance carrier covers these services. Referral for services can be made directly to the Child & Adolescent Specialty Clinic by calling (906) 228-4692. General questions regarding services can be directed to Jamie Dieterle, Children's Services Director, at (906) 228-4692, ext. 2402 or jdieterle@greatlakesrecovery.org.

Adolescent Services Center



The Child & Adolescent Psychiatric Specialty Clinic is located at the Adolescent Services Center, at 104 Malton Road in Negaunee. This location houses a variety of specialized services for children and adolescents, including outpatient mental health and substance abuse treatment, Neurodevelopmental Trauma Assessments, residential substance abuse treatment, and Emergency Shelter Care.

The close proximity of children's services allows for ease of access for coordination of auxiliary care, including individual, family and group therapy, as well as coordination of care with local medical practitioners.

The clinic is open Monday through Friday with special hours for psychiatric access. Conjoint mental health services for children can be scheduled with our specially trained children's therapists on an ongoing basis.