



Adult Residential Services  
241 Wright Street, Building 2  
Marquette, MI 49855  
Phone: (906) 228-7611  
Fax: (906) 228-8156  
Toll Free: 1-855-906-GLRC  
[www.greatlakesrecovery.org](http://www.greatlakesrecovery.org)

### ***What to bring:***

- Everything you need to survive for 30 days as we will not bring people to the store
- Clothing-appropriate sleepwear and weather specific attire
- Hygiene products
- Towels and washcloths
- Paper, pens, envelopes, and stamps
- Bedding and pillows
- We do provide linens, but if you wish to bring your own make sure they are still new in the packaging when you bring them into the facility
- Alarm clock
- All medications with at least a 30-day supply (put them in a separate bag for the nurse)

### ***What NOT to bring:***

- Weapons-knives, guns, brass knuckles, ect
- **Cell Phones- NO EXCEPTIONS**
- Electronics-headphones, walkman, stereos, MP3 players- NO CAMERAS ON DEVICE
- Drugs or paraphernalia or any clothing depicting drug/alcohol use
- Food will not be allowed in your room- you can keep it in the dining room
- No energy drinks
- Perfume, cologne, or body spray of any kind
- Vehicles

**OUR LOCATION: 241 Wright Street, Marquette, MI 49855**

**\*\*If you have any questions call us prior to attending our facility at 906-228-7611**