Where to Begin

When you or someone you love needs help, it's often hard to know what to do or where to turn. At Great Lakes Recovery Centers, you'll find a caring staff and clinical professionals who understand. We're committed to helping people heal and reclaim their lives. Client confidentiality is absolutely assured.

We welcome self-referrals, calls from concerned individuals and referrals from physicians, other professionals, community and human service agencies.

Call Today!

1-906-632-2522

www.greatlakesrecovery.org

Help for Those Who Need it

Great Lakes Recovery Centers provides access to help for everyone who needs it, including those with limited financial resources. Contact us today, toll free. You'll find the warm, understanding and professional assistance you're seeking, along with information about our services and funding options.

Great Lakes Recovery Centers Women's New Hope House

2655 S. Ashmun Street
Sault Ste. Marie, MI 49783
Ph: (906) 632-2552
Fax: (906) 632-2370

Locations Served

Outpatient Services:

Escanaba (906) 789-3528	**Ironwood** (906) 364-7506	**Munising** (906) 387-3626
Hancock (906) 482-7710	**Ishpeming** (906) 485-2347	**Negaunee** (906) 228-4692
Iron Mountain (906) 774-2561	**Manistique** (906) 341-2244	**Newberry** (906) 293-1622
Iron River (906) 265-3844	**Marquette** (906) 228-6545	**Sault Ste. Marie** (906) 632-9809
		St. Ignace (906) 643-0944

Residential Services:

Adult Residential:	(906) 228-7611
New Hope for Men:	(906) 635-5542
New Hope for Women:	(906) 632-2522
Youth Residential:	(906) 228-4692

Licensure: Great Lakes Recovery Centers, Inc. is state licensed and accredited by CARF (Commission on Accreditation of Rehabilitation Facilities). We are also HIPAA compliant (Health Insurance Portability and Accountability Act); GLRC, Inc. actively protects the confidentiality and privacy of our clients.

Funding: We are a non-profit, non-denominational, 501 (c)(3) corporation.

Special Acknowledgements to:

The United Ways of Marquette, Delta and Dickinson Counties, the United Way of the Eastern U.P. and the Gogebic Range.

Great Lakes Recovery Centers
BEHAVIORAL HEALTH SERVICES

Women's New Hope House

Residential treatment, social detoxification and relapse prevention services for women and mothers with dependent children.

Substance Abuse Treatment Addressing the Needs of Women

Great Lakes Recovery Centers (GLRC) offers comprehensive residential treatment services for women and mothers with dependent children up to the age of eleven.

An Intimate, Therapeutic and Safe Community

Life at GLRC is safe, encouraging and supportive. Clients share meals, group therapy, daily chores and recreational activities. The house can accommodate up to eighteen women. Rooms have a cozy, home like feeling.

Social Detox Services

GLRC offers specialized services to medically stable clients as they withdraw from alcohol or drugs. Our staff members help them attain sobriety and recommend appropriate follow-up treatment.

Comprehensive Treatment Services

Personalized Treatment Planning

Each resident is assigned a counselor who provides individualized attention and meets regularly with them throughout their entire stay. With guidance from their counselors, clients pinpoint areas of concern relative to their addiction and life history.

Transitional Planning

We help clients establish, in advance, the support services that they'll need when they return home. That includes recovery meetings, employment, housing, family support, public assistance applications, and medical and/

Individual and Group Therapy

Group therapy takes place every day of the week. Clients focus on learning and putting into practice effective life and recovery-related skills.

Our group programs include:

- Seeking Safety
- Life Goals
- Women's Health Group
- Relapse Prevention
- Life and Communication Skills Development
- Emotional Management Processing
- Dialectical Behavioral Therapy (DBT)
- Motivational Enhancement

On-Site 12 Step Program

At GLRC, we support the twelve-step recovery movement and weave its principles into many of our programs. Twelve-step recovery meetings are held daily at the Women's New Hope House.

Pre- and Post- Natal and Family Care

Gender-specific health services and addiction treatment can have a profound and positive impact on a woman's long-term recovery and the health of her infant. Specially furnished suites accommodate clients with dependent children (up to age eleven). During the academic year, buses transport clients' school-age children to and from school. Parenting classes for all ages are offered

At GLRC, we connect clients with the following pre- and post-natal services:

- Case management
- Woman and infant assessment
- OB/GYN and pediatric referrals
- Health education (Lamaze, HIV/AIDS, parenting and others)
- On-site child care

We help clients gain access to other important resources including:

- WIC
- DHHS
- Michigan Works!
- Vocational/educational and social services
- Transportation
- Mental health services and qualified day care