

## Where to Begin

When you or someone you love needs help, it's often hard to know what to do or where to turn. At Great Lakes Recovery Centers, you'll find a caring staff and clinical professionals who understand. We're committed to helping people heal and reclaim their lives. Client confidentiality is absolutely assured.

We welcome self-referrals, calls from concerned individuals and referrals from physicians, other professionals, community and human service agencies.

## Call the Access Center Today!

1-906-228-9696

1-855-906-GLRC (4572)

[www.greatlakesrecovery.org](http://www.greatlakesrecovery.org)



## Help for Those Who Need it

Great Lakes Recovery Centers provides access to help for everyone who needs it, including those with limited financial resources. Contact us today, toll free. You'll find the warm, understanding and professional assistance you're seeking, along with information about our services and funding options.

## Great Lakes Recovery Centers Men's New Hope House

301 E. Spruce Street  
Sault Ste. Marie, MI 49783  
Ph: (906) 635-5542  
Fax: (906) 635-2962

## Locations Served



### Outpatient Services:

Escanaba	Ironwood	Munising
(906) 789-3528	(906) 364-7506	(906) 387-3626
<b>Hancock</b>	<b>Ishpeming</b>	<b>Negaunee</b>
(906) 482-7710	(906) 485-2347	(906) 228-4692
<b>Iron Mountain</b>	<b>Manistique</b>	<b>Newberry</b>
(906) 774-2561	(906) 341-2244	(906) 293-1622
<b>Iron River</b>	<b>Marquette</b>	<b>Sault Ste. Marie</b>
(906) 265-3844	(906) 228-6545	(906) 632-9809
		<b>St. Ignace</b>
		(906) 643-0944

### Residential Services:

Adult Residential:	(906) 228-7611
New Hope for Men:	(906) 635-5542
New Hope for Women:	(906) 632-2522
Youth Residential:	(906) 228-4692

**Licensure:** Great Lakes Recovery Centers, Inc. is state licensed and accredited by CARF (Commission on Accreditation of Rehabilitation Facilities). We are also HIPAA compliant (Health Insurance Portability and Accountability Act); GLRC, Inc. actively protects the confidentiality and privacy of our clients.

**Funding:** We are a non-profit, non-denominational, 501 (c)(3) corporation.

### **Special Acknowledgements to:**

The United Ways of Marquette, Delta and Dickinson Counties, the United Way of the Eastern U.P. and the Gogebic Range.



## Men's New Hope House



*Residential treatment, social detoxification and relapse prevention services for men.*

## A Specialized Treatment Facility for Men

Men's New Hope House has been offering comprehensive, structured residential treatment services specifically geared to men for over thirty years. Our staff members are certified specialists trained in recognizing the individual conditions of our clients and their families.

Treatment varies from 22 to 90 days. We also offer 14 to 21-day relapse prevention stays.



## A Therapeutic Community

The atmosphere at Great Lakes Recovery Centers is informal, peaceful, safe and supportive. Up to sixteen adult men live together, plan and share meals, participate in group therapy, community and recreational activities and household chores.



## Respect for Cultural Diversity

We honor the fact that every individual walks a unique path in recovery. Our Native American clients and others are encouraged to connect with a variety of cultural and religious groups in the surrounding community.

## Personalized Recovery Services

### Individualized Treatment Planning

Each resident is assigned a counselor who provides one-on-one service and meets frequently with them throughout their entire stay. Residents identify their personal strengths, support systems and other resources that they will need in order to live in recovery.

### Transitional Planning

We help clients establish, in advance, the support services that they'll need when they return home. That includes recovery meetings, employment, housing, family support, public assistance applications and medical and/or behavioral health follow-up care.

### Individual and Group Therapy

Group therapy takes place every day of the week. Clients focus on learning and putting into practice effective life and recovery-related skills.

Our group programs include:

- Seeking Safety
- Relapse Prevention
- Physiology of Addiction
- Life Goals Group
- Self Development
- Nutrition
- Life Skills
- Yoga & Meditation



## Social Detoxification Services

We offer specialized services to medically stable clients as they withdraw from alcohol or drugs. Our staff members help them attain sobriety and recommend appropriate follow-up treatment.

These services include:

- Intensive individual attention and counseling
- Variable length of stay
- Oversight by medical personnel
- A partnership with War Memorial hospital to ensure that each client has access to the level of care that they need.
- Medication management
- Step-down care

## 12 Step Support Group

Our program supports the twelve-step recovery movement and meetings are held daily at the Men's New Hope House.

*"Empowerment Happens Here!"*

-Men's New Hope House Motto

*"We urge clients to take personal responsibility for their own lives... Our job is to give them all the tools and encouragement they need."*

-Men's New Hope House staff member



## Rebuilding Lives & Giving Back

While in treatment, many of our clients are busy seeking employment, housing, dealing with court/legal obligations, restoring credit, regaining custody of children, addressing health-related issues and much more. We offer guidance and steer them in the right direction.

At the same time, clients also learn the joy of giving back to the community through a wide variety of volunteer commitments.