

## Outpatient services

The outpatient approach on recovery is less intensive than residential services, but offers a more flexible approach for those who need freedom attend school. Clients meet for individual and/or group sessions that focus on living life in recovery. For those leaving treatment, outpatient services can provide a smooth transition from treatment to home life.

Great Lakes Recovery Centers and Easter Seals of Michigan launched a program for children ages 2-18 throughout Upper Michigan. The LUNA Model is a comprehensive multi-disciplinary team assessment to identify the impact of trauma on a child. The assessment process includes Psychological, speech/language, neurological and occupational therapy metrics that identify the impact of trauma on a child's emotional, psychological and developmental functioning.

LOOK. UNCOVER. NURTURE. ACT.

# LUNA™

POWERED BY EASTER SEALS MICHIGAN

## Our services

The Adolescent Services Center has provided quality substance abuse treatment and relapse-prevention services since 1980. We are state licensed and CARF accredited residential and outpatient center, and providing services for children and adolescents.

We believe in a holistic approach to substance abuse treatment. We work individually with each adolescent to create an individualized plan with a variety of evidence based substance abuse and relapse prevention models. Clients will work to develop an increased sense of self-worth, effective communication skills, the ability to make healthy choices, and the knowledge of how to maintain their path of recovery.

Our mission is to *empower recovery* through *hope and change*.

We are committed to helping heal and reclaim lives. We strive to provide access to those who need it, including those with limited financial resources. We welcome self-referrals, calls from concerned individuals, & referrals from professionals & human service agencies.

To make a specific referral or to learn more about our programming at Adolescent Services Center, call the Adolescent Services Center at:

**1-906-228-4692**

[www.greatlakesrecovery.org/youth](http://www.greatlakesrecovery.org/youth)

## Locations



### Residential

Negaunee-Adolescents  
Marquette-Adults  
Sault Ste. Marie-Women  
Sault Ste. Marie-Men

### Outpatient

Escanaba  
Hancock  
Iron Mountain  
Iron River  
Ironwood  
Ishpeming  
Manistique  
Marquette  
Munising  
Negaunee-Adolescents  
Newberry  
Sault Ste. Marie  
St. Ignace

**Licensure:** Great Lakes Recovery Centers, Inc. is state licensed and accredited by CARF (Commission on Accreditation of Rehabilitation Facilities.) We are also HIPAA compliant (Health Insurance Portability and Accountability Act); GLRC, Inc. actively protects confidentiality and privacy of our clients.

**Funding:** We are a non-profit, non-denominational, 501 (c) (3) corporation.

**Special Acknowledgements** for the United Ways (Eastern Upper Peninsula, Gogebic Range, Dickinson & Marquette Counties), CARF, NorthCare, MDCH/OROCS



## Adolescent Services Center



*Residential substance abuse treatment services and outpatient behavioral health for children and adolescents.*



Adolescent Services Center  
104 Malton Road, Negaunee, MI 49866  
Phone: (906) 228-4692  
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# RESIDENTIAL SERVICES

*Recovery is about more than just stopping an addictive behavior. It requires the creation of a new way of life guided by positive insights, healthy living skills, and a sense of purpose.*

Adolescent Services Center can accommodate up to 18 residents. Our home-like facility features semi-private living quarters, an on-site school with credit recovery options, recreational area, fitness room, walking trail & sustainable gardening, featuring fresh produce.

## Treatment includes:



- Comprehensive clinical assessment; including substance abuse, physical & mental health, and risk assessment
- Relapse prevention programming, case management & transition planning services
- Individualized treatment planning
- Group, family, and individual therapy
- Diverse recreational & spiritual programs
- Trauma focused treatment on hand
- Art therapy: therapeutic self expression to explore feelings, emotional conflicts, increase self awareness, and allow for healing

*What I liked most was the program's compassion and intelligence about recovery.*

Former Client

## A clear mind



Our onsite school enables clients to continue their education while in treatment.

### We have:

- Year round schooling with special education services, and GED preparation
- A certified teacher & counselor /aide
- Coordination of individualized education to maintain & improve credit status & performance
- Secured & monitored computer & internet access
- GED testing coordination



## A strong body

Our recreation programs encourage healthful living and positive leisure activities.

### Clients can participate in:

- Daily recreation therapy
- On-site recreation center & exercise facility
- Outdoor seasonal activities: volleyball, basketball, ultimate frisbee, swimming, tennis, hiking, skiing, ice skating, snowshoeing & sledding

*We provide physical endurance tests, transportation, equipment & clothing. Regular, onsite physician Consultations are available. We also refer & transport residents to off campus professionals when needed.*

## A healthy spirit



Our recovery plans promote spiritual healing.

### Clients can take part in:

- Native American cultural practices: specialized treatment plans based on teachings and tradition. Clients can participate in smudging. Other traditional activities such as: pow-wows, sweat lodges & drumming are offered when available
- Faith-based counseling / local church service coordination services
- Equine Assisted Psychotherapy

*Additionally, clients can fulfill their court related obligations during their stay with our community-oriented service learning programs.*



*...these young people have been entrusted to us at an important turning point in their lives and we are honored to serve them.*

Program Supervisor