

Great Lakes Recovery Centers is a 501 (c) 3 organization that provides behavioral health services, residential and outpatient substance abuse programming, prisoner re-entry services, trauma assessments, prevention services, peer recovery and much more.

MISSION:

to empower recovery
through **hope**
and **change**

Core Values:

We value:

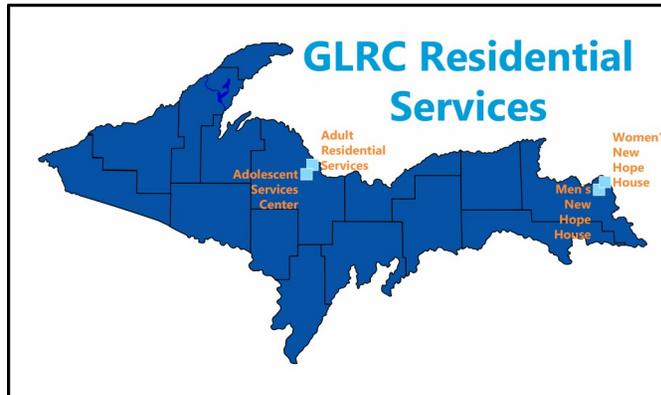
- ◆ caring, respect and empathy for all persons
- ◆ a commitment to our clients' recovery
- ◆ a strength-based environment for ourselves and our clients
- ◆ dependable, trust-based relationships
- ◆ service to our communities
- ◆ the quality of life through relationships
- ◆ a strong and dependable work ethic
- ◆ continuation of our mission

Great Lakes Recovery Centers is a non-profit, non-denominational, 501 (c) 3 corporation. Funding comes from a variety of sources. GLRC is a partner agency with the United Ways of Marquette County and the Copper Country United Way.



LOCATIONS

GLRC has 11 Outpatient Offices and 4 residential facilities across the Upper Peninsula.



For more information about the services at any of our locations, call the Access Center at (855) 906-GLRC (4572)

or (906) 228-9696.

www.greatlakesrecovery.org

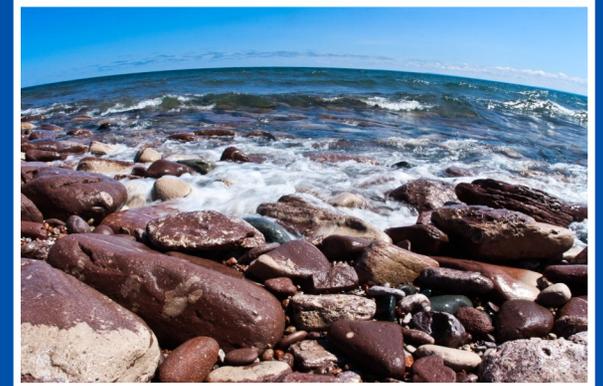
Great Lakes Recovery Centers is licensed by the State of Michigan and accredited by CARF (Commission on Accreditation of Rehabilitation Facilities). We are also HIPAA (Health Insurance Portability and Accountability Act) compliant. GLRC actively protects the confidentiality and privacy of our clients.



Great Lakes Recovery Centers

Behavioral Health Services

Men's New Hope House



Creating Healthy Communities One Person at a Time



Men's New Hope House

Men's New Hope House has been offering comprehensive, structured residential treatment services specifically geared to men for over thirty years. Our staff members are certified specialists trained in creating treatment regimes uniquely for each client.

The atmosphere at Men's New Hope House is informal, peaceful, safe and supportive. Up to 16 adult men live together, plan and share meals, participate in group therapy, engage in community activities and complete household chores.

We honor the fact that every individual walks a unique path in recovery. Our Native American clients, and others, are encouraged to connect with a variety of cultural and religious groups in the surrounding community.

Individual Treatment

Each resident is assigned a counselor who provides one-on-one services and meets frequently with them throughout their stay. Counselors help residents identify their personal strengths and establish/maintain support systems they will need in order to live in recovery.

Group Therapy

Group therapy sessions are facilitated by qualified staff members and conducted daily. During these sessions, clients focus on acquiring new living skills and learning to put them into practice. Some of the group programs include:

- ◆ Emotional Regulation & Anger Management
- ◆ Life Goals Group
- ◆ Physiology of Addiction
- ◆ Relapse Prevention
- ◆ Seeking Safety
- ◆ Self Development

Community Involvement

We believe in the healthy effects of giving back to the community and helping others. Our clients participate in a wide variety of civic and charitable activities during treatment.

Continuing Care

Clients often arrive with serious medical issues. On-site consultations and exams are conducted regularly by community based physicians.

Transition Planning

We help to connect clients with the support services that they'll need when they return home. Recovery meetings, employment and house services, family support groups and health services are all necessary to continue down the path to recovery after returning to the community. While in treatment, many of our clients are busy seeking employment and/or housing, dealing with court/legal obligations, restoring their credit, regaining custody of children, addressing health related issues and much more.

OTHER SERVICES

Great Lakes Recovery Centers offers a wide variety of services. Some of these services include:

- ◆ **Crisis Mental Health Screenings** — GLRC staff provides Mental Health Screenings in two Upper Peninsula hospitals.
- ◆ **Mental Health First Aid (MHFA) Initiative** — GLRC coordinates with MHFA Instructors to offer MHFA courses across the Upper Peninsula.
- ◆ **Offender Success** — GLRC works with returning parolees in the Upper Peninsula to assist with transition back into the community.
- ◆ **Peer Recovery** — Specialists who share lived experience help others by reducing barriers towards recovery.
- ◆ **Prevention Services** — GLRC coordinates Communities That Care in four counties in the Upper Peninsula and teaches Botvin's Life Skills classes at several schools.
- ◆ GLRC facilitates **Suicide Prevention Action Teams** in two Upper Peninsula communities.
- ◆ **Trauma Assessment Services (LUNA)** — GLRC provides for a comprehensive multi-disciplinary trauma assessment for children ages 2—17.
- ◆ **Veteran's Services** — GLRC offers weekly support groups for veterans, as well as residential access.

Social Detoxification

We offer specialized services to medically stable clients as they withdraw from alcohol or drugs. Clients receive intensive individual attention and counseling, medication management, step down care and transition planning.

