

Great Lakes Recovery Centers is a 501 (c) 3 organization that provides behavioral health services, residential and outpatient substance abuse programming, prisoner re-entry services, trauma assessments, prevention services, peer recovery and much more.

## MISSION:

to empower recovery  
through **hope**  
and **change**

## Core Values:

We value:

- ◆ caring, respect and empathy for all persons
- ◆ a commitment to our clients' recovery
- ◆ a strength-based environment for ourselves and our clients
- ◆ dependable, trust-based relationships
- ◆ service to our communities
- ◆ the quality of life through relationships
- ◆ a strong and dependable work ethic

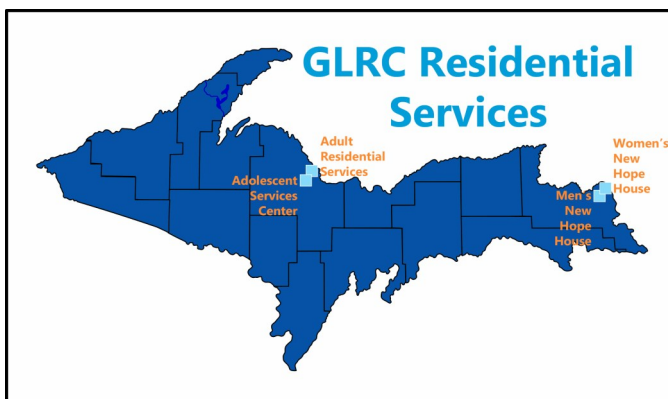
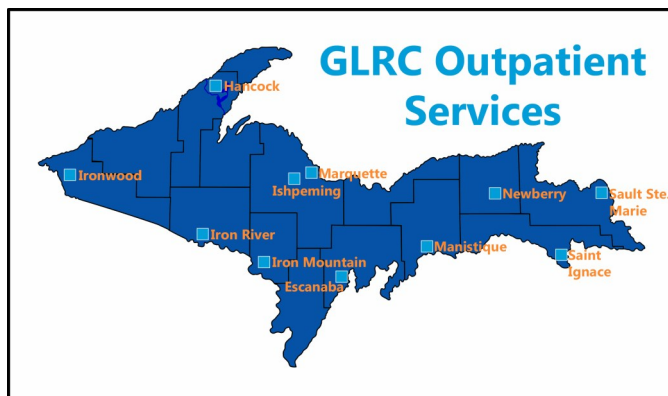
Great Lakes Recovery Centers is a non-profit, non-denominational, 501 (c) 3 corporation. Funding comes from a variety of sources.

GLRC is a partner agency with the United Ways of Marquette County and the Copper Country United Way.



## LOCATIONS

**GLRC has 11 Outpatient Offices and 4 residential facilities across the Upper Peninsula.**



For more information about the services at any of our locations, call the Access Center at (855) 906-4572 or (906) 228-9696.

[www.greatlakesrecovery.org](http://www.greatlakesrecovery.org)

Great Lakes Recovery Centers is licensed by the State of Michigan and accredited by CARF (Commission on Accreditation of Rehabilitation Facilities). We are also HIPAA (Health Insurance Portability and Accountability Act) compliant. GLRC actively protects the confidentiality and privacy of our clients.



# Great Lakes Recovery Centers

## Behavioral Health Services

## Outpatient Services



**Creating Healthy Communities One Person at a Time**



# OUTPATIENT SERVICES

Great Lakes Recovery Centers (GLRC) has 11 Outpatient Services offices across the Upper Peninsula. A variety of services happen through the Outpatient Services Offices, including: individual and group counseling, peer recovery, prevention services and Offender Success programming.

Outpatient services are the first option for those seeking counseling, but need the freedom to continue working or attending school. Outpatient services are also used as follow-up or those clients who have completed residential services.

## Substance Abuse Services

GLRC offers Substance Use Disorder (SD) services at ten of our outpatient offices. These services provide flexible, comprehensive treatment options for individuals struggling with SUD. These services include assessments, individual counseling services, links to community resources including Alcoholics and Narcotic Anonymous, Court and DMV assessments, and services specifically designed for women and families.

## Mental Health Services

Mental Health services are offered in a number of our outpatient services locations. Clinicians are trained to recognize and personalize a treatment plan for adults, adolescents and children troubled by anxiety or depression, stress conflicts or relationship difficulties, trauma or abuse (PTSD), attention, conduct and educational issues, sexual disorders and addiction and other issues.

## Women & Family Services

Women and Family Services provides specialized case management by a certified Women and Family Specialist to all clients in Marquette County. This casement will address housing, legal issues, financial, education, medical referrals and parenting classes. Funds are available to help with needed expenses including diapers and other essentials, as well as gas cards in some cases.

## Peer Recovery Services

GLRC provides peer recovery services throughout Marquette county. Peer Recovery coaches help with the day-to-day aspects of recovery, giving non clinical guidance to people receiving outpatient services. Peer Recovery coaches are individuals who have themselves completed treatment and are living long-term recovery. Peer recovery coaches are available to meet free of charge both in public or at the peer recovery drop-in location at GLRC's Marquette Outpatient Office. Peer recovery services are confidential.

## Group Therapy

A variety of outpatient groups are held weekly at many of our Outpatient Services Locations. These groups provide an non-judgmental setting for individuals struggling with substance abuse. GLRC also facilitates AA and NA meetings at many of our outpatient offices.

# OTHER SERVICES

Great Lakes Recovery Centers offers a wide variety of services. Some of these services include:

- ◆ **Crisis Mental Health Screenings** — GLRC staff provides Mental Health Screenings in two Upper Peninsula hospitals.
- ◆ **Mental Health First Aid (MHFA) Initiative** — GLRC coordinates with MHFA Instructors to offer MHFA courses across the Upper Peninsula.
- ◆ **Offender Success** — GLRC works with returning parolees in the Upper Peninsula to assist with transition back into the community.
- ◆ **Peer Recovery** — Specialists who share lived experience help others by reducing barriers towards recovery.
- ◆ **Prevention Services** — GLRC coordinates Communities That Care in four counties in the Upper Peninsula and teaches Botvin's Life Skills classes at several schools.
- ◆ GLRC facilitates **Suicide Prevention Action Teams** in two Upper Peninsula communities.
- ◆ **Trauma Assessment Services (LUNA)** — GLRC provides for a comprehensive multi-disciplinary trauma assessment for children ages 2—17.
- ◆ **Veteran's Services** — GLRC offers weekly support groups for veterans, as well as residential access.

## Mental Illness and Co-Occurring Disorders

Mental Illnesses disrupt a person's thinking, feeling, mood, daily functioning and their ability to relate to others. One in four adults in the U.S. experience a mental health disorder in given years. These disorders range in severity from mildly debilitating to life threatening. Co-occurring Disorders are a combination of mental health and/or substance abuse issues in one individual. Help is available through individual and group counseling.

