



Great Lakes Recovery Centers

Addiction & Behavioral Health Treatment Services

Healing individuals, families and communities for over 25 years



MISSION

We empower people to improve their lives by offering comprehensive, personalized recovery services.



VISION

Our vision is to be the industry leader in providing behavioral health and community based services in the Great Lakes region as recognized by our consumers and partners.

2010 Annual Report

Fiscal Year October 2009—September 2010

Great Lakes Recovery Centers is a nationally accredited non-profit treatment provider specializing in addiction and behavioral health needs, offering quality substance abuse treatment and relapse prevention services since 1983. At Great Lakes Recovery Centers, we operate specialized adult residential substance abuse treatment facilities in Marquette and Sault Ste. Marie as well as the only adolescent residential substance abuse

treatment facility for to serve individuals and youth ages 12-17 in families with their Upper Michigan. specific needs.



Convenient locations across Michigan's Upper Peninsula.

Hope and Healing Begin Here

Mental illness, addiction and alcoholism are treatable disorders. The same is true for a wide range of behavioral disorders and the effects of trauma, stress and devastating life events.

The good news is that millions of Americans are in lifelong recovery from addiction, alcoholism and mental illness. Troubled individuals, families and communities can be put back together.

In short, people do get better and live happier,





***“This program
has changed my
life for the
better. I feel I’m
a much better
person and in
more control of
my life again.”***

Secure. Insightful.
Knowledgeable.



Hope for a Brighter Future

Greg Toutant, Executive Director



2010-2011 was a time period in which Great Lakes Recovery Centers underwent transformation while also balancing our mission and commitment to help serve clients struggling with addiction and behavioral health issues. Great Lakes Recovery Centers embraced the State of Michigan MDCH model of Recovery Oriented Systems of Care (ROSC), which was a platform for our 2009-2011 strategic plan. We have continued to look for opportunities to reach our consumers through the formation of a peer recovery drop-in center at our Men’s facility in Sault Ste. Marie, as well as expanded efforts at integrated care, case management, and outpatient specialty programming and prevention services. In the upcoming year we will need to continue to advocate and lobby for increased support for proper care, services, and funding both in the State of Michigan and at the Federal Level. It is discerning to the treatment community that Michigan ranks 43 out of 50 states in the percentage of state funds dedicated to the prevention and treatment of substance use disorders, which consequentially results in Michigan being the 14th highest in per capita spending on the consequences on the failure to treat. The treatment community has experienced over a decade of funding decline which results in fewer clients being able to access care and resources lost that could help our shared communities strengthen the health and wellbeing of our citizens.

We are thankful for our staff, board, and stakeholders who continue to persevere despite limited and shrinking resources to help those along a journey of recovery. Great Lakes Recovery Centers has always been an agency that is a beacon of hope for those that need a safe harbor to begin to rebuild their lives whether it be through our partnership efforts with the Michigan Prisoner Re-Entry Initiative (MPRI), the Veterans Administration (VA), the criminal justice and law enforcement community, or through the publically funded systems consisting of Coordinating Agencies or PIHP’s (Pre-paid Inpatient Health Plans). Through our partnerships and support from our funding sources, we have a collective network of people joined together to help make our communities more vital, strong, and safe.

Executive Board Members

Ray Amtmann, Board President
Rob Jamros, Vice President
Jim Clark, Treasurer
Richard Graybill, Secretary
Frank Bailey
Melody Beres
Nancy Berkompas
Jacki Lykins
Herb Parsons
Gordon Warchock
Matt Wiese

New Hope Advisory Council

Nancy Berkompas, Chairperson
Jackie Benson
Kathy Cairns
David Jahn
Howard Kaiser
Judge Elizabeth Gibson
Jerry McDonald
Gary Sharp
Cindy Merkel
Marilyn Gendzwell
Dr. Jeff Peterman
Louis Bergman

Investing in Hope

Innovative Programs & Services



At Great Lakes Recovery Centers, we offer a wide array of services for adults, adolescents and children.

Community Education Offerings: Provides community educational and advocacy services including outpatient substance abuse, didactic and education groups, alcohol highway safety classes, Prime for Life classes, participating drug court programming, and other specialty substance abuse and relapse prevention programming.

Giving, Learning & Doing (G.L.A.D.) Service Learning Projects: Service learning combines service objectives and learning objectives with the intent that the activity change both the recipient and the provider of the service. This is accomplished by combining service tasks with structured opportunities that link the task to self-reflection, self-discovery, and the acquisition and comprehension of values, skills, and knowledge content.

Intensive Maintenance Services: Provides support and resources necessary for adolescents to begin or remain on their recovery path.

Psychological Services: Include psychological evaluation, cognitive and intellectual testing, neuropsychological evaluation, sex offender evaluation, forensic evaluation, and Post-Traumatic Stress Disorder evaluation.

School Prevention Programming: Prevention programming is provided in partnership with several school districts utilizing such prevention curriculum offerings as Project Toward no Drug Abuse, Prime for Life, Botvin’s Life Skills, and the Michigan Model.

Social Detox: Ambulatory non-medically managed detoxification programming is available at our residential locations in Sault Ste Marie.

Women & Families Program: Offers specialized services for pregnant clients and moms with dependent children (up to seventeen years of age). Our goal is to reduce the barriers standing between them and the treatment they need.

Youth Residential Program

At Great Lakes Recovery Centers Youth Services, we have the privilege to work with adolescents who, already at their young age, have faced many challenges. Our staff is committed to providing our residents with a safe, nurturing and supportive

environment to insure a positive recovery experience. Our intention is to educate them about their addiction and the effects it has had on their lives. We provide them with the skills necessary to maintain sobriety, engage in healthy relationships, and increase their awareness of personal responsibilities. In

this unique setting, our residents also have the ability to continue their education in our on-site school, participate in recreational activities, and are introduced to the benefit of community service projects. We are extremely aware that these

“I owe my life to your center, staff and the people I meet there.”

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**SERVICE LEARNING &
ART THERAPY**



Empty Bowls Luncheon



Bridges ROAD Day



Stone Crazy Art Work



Art Therapy

Youth Residential Program

young people have been entrusted to us at, what may be, the most important turning point in their lives and we are honored to serve them. Our hope is that they leave our program with an increased sense of self-worth, effective

communication skills, the ability to make healthy choices, and the knowledge of how to maintain their path of recovery so that they may continue to be productive and valued citizens of their communities.



2009-2010 Youth Residential Program Statistics

Total Clients Served = 60

Average Length of Stay = 71 days

<u>CLIENTS SERVED</u>	<u># of</u>	<u>%</u>
Males	38	63%
Females	22	37%
Upper Peninsula	29	48%
Lower Peninsula	23	38%
Wisconsin	7	12%

<u>AGE</u>	<u># of</u>	<u>%</u>
12	1	2%
13	2	3%
14	6	10%
15	13	22%
16	29	48%
17	9	15%
Average Age	16	

<u>DRUG OF CHOICE</u>	<u># of</u>	<u>%</u>
Cannabis	49	82%
Alcohol	34	57%
Opiates	17	28%
Sedatives	9	15%
Amphetamines	6	10%
Cocaine	3	5%
Hallucinogens	2	3%
Inhalants	2	3%

<u>RACE</u>	<u># of Clients</u>	<u>%</u>
Caucasian	38	63%
Native American	18	30%
2 or More Races	3	5%
African American	1	1%

Adult Residential Programs

Our adult residential treatment services include an adult co-ed facility, a men’s only facility and facility for women with dependent children up to the age of 11. Each is a barrier-free, fully accredited treatment center. Gender-specific treatment and special services for women with dependent children are available in specific locations. Great Lakes Recovery Centers has moved toward the establishment of a multi-dimensional continuum of care model that can provide all clients with an individual treatment approach to better serve their needs. **Our co-ed residential** facility in Marquette, MI features a strong corrections level modality which encompasses FBOP (Federal Bureau of Prisons programming), USPO programming (United States Probation/Parole office), and MDOC services (Michigan Department of Corrections). In 2010, we announced the expansion of services to include a Drop-In Center at our **New Hope House for Men** residential facility in Sault Ste. Marie, MI. The Drop in Center targets three unique populations of consumers struggling with addiction and allows additional support for 1) pre treatment individuals; 2) treatment clients; and 3) post treatment individuals. The Drop in Center serves both men and women from the eastern Upper Peninsula who are 18 years old or older. **New Hope House for Women** works in conjunction with many tribal entities to encourage and facilitate cultural oriented activities such as cultural education, talking circles, pow-wows, sweat lodges, etc. A close working relationship has developed between New Hope House for Women and local tribal entities such as Tribal Health Services and Sault Tribe Behavioral Health, allowing for referrals, collaboration and a continuum of care for mutual clients with physical and mental health needs. Additional services have been made possible through the recent involvement with the Access to Recovery grant.

2009-2010 Adult Residential Programs Statistics

Total Clients Served = 568

Average Length of Stay = 23 days

CLIENTS SERVED	# of
Males	279
Females	289

“Sobriety is truly a gift from above. I am very grateful for the 180 degrees my life has turned.”



Adult Residential Services
Marquette, MI

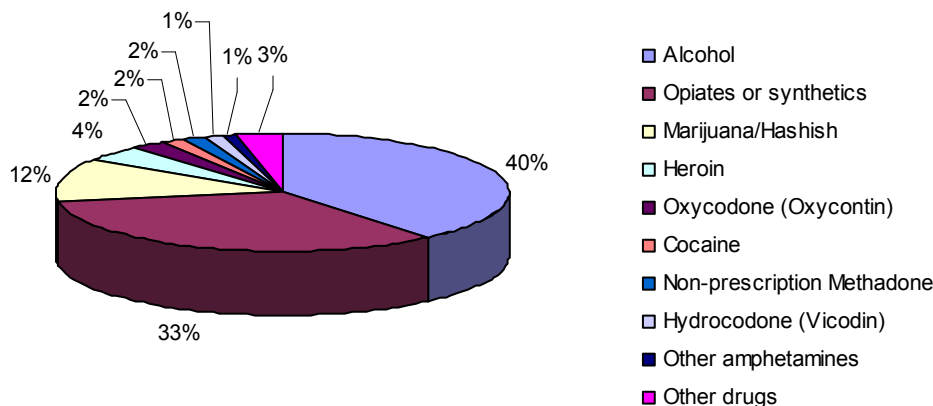


New Hope House for Women
Sault Ste. Marie, MI



New Hope House for Men
Sault Ste. Marie, MI

Primary Drug of Choice



Outpatient Programs



“I realize that my family, relationships, education, employment and overall positive life experiences would NOT be possible without the new start your program gave me.”

At Great Lakes Recovery and intensive Centers, we believe in the outpatient services dignity of the individual, (IOP), and respect for client rights is paramount. All of our outpatient programs serve a population of women, men and children of all ages that are experiencing difficulties with substance use and/or mental health issues.

We provide screenings, Outpatient treatment assessments, case management services, individual approach is strength-based and delivered in counseling, prevention a cognitive-behavioral and intervention style utilizing programming, educational recognized evidenced and therapeutic group based strategies for sessions, Assessment and individual and group treatment for Veterans, work that help

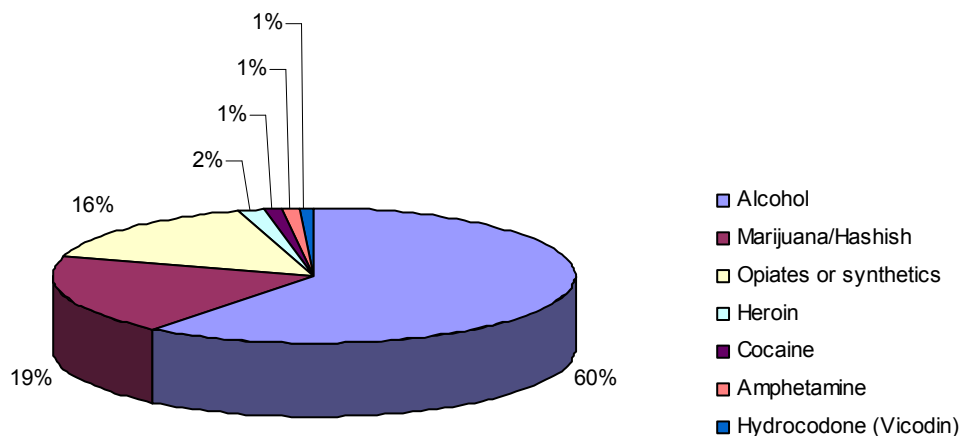
individual clients and families achieve short-term stabilization and resolve immediate trouble areas. Whether the issue is trauma / abuse, addiction or a behavior-related disorder, our clinicians assess a client’s needs and structure an effective, individualized treatment plan.

Outpatient Psychiatric Clinic (OPC):

OPC designation is a multi disciplinary team approach that allows clinicians with master’s level credentialing to see BC/BS clients within the Marquette and Ishpeming for any treatment decisions. A psychiatrist reviews and signs off on all assessments, treatment plans, and discharge summaries for all BCBS

2009-2010 Outpatient Services Statistics

Total Clients Served = 2117



Primary Drug of Choice

Great Lakes Recovery Centers



Michigan Prisoner Re-Entry Initiative



Great Lakes Recovery Centers, Inc. has been involved with implementing the MPRI process in the UP since it's inception in November of 2007. Creating Safer Neighborhoods and Better citizens, the primary goal of the Michigan Prisoner ReEntry Initiative (MPRI) is to promote public safety by increasing the success rates of prisoners transitioning from prison to the community. The vision of the MPRI is that every prisoner released from prison will have the tools needed to succeed in their community.

In 2010, Great Lakes Recovery Centers Resource Specialists, Bob Swanson, Gary Matheny, and Darrell Dixon provided vital services to **159** MPRI Parolees across eight Upper Peninsula Counties, (Marquette, Alger, Delta, Menominee, Schoolcraft, Luce, Chippewa and Mackinac). Services range from assistance with Safe Affordable Housing, Employment, Employment Readiness / Training, Substance Abuse Assessment / Counseling, Mental Health, Assessment / Counseling, Emergency Medical Care, Sex Offender Assessment / Counseling, Family Support and Domestic Violence Prevention, Victim Support, Transportation, Life skills, Mentoring and other vital services. Of the **159** MPRI Parolees served, **75** successfully completed and were released from their Parole and **24** were returned to prison for parole violations, or new crimes.

Great Lakes Recovery Centers takes pride in continuing to be a major part of an ambitious, nationally recognized commitment to public safety that gives prisoners the tools they need to succeed in a process that begins when they enter prison and continues through parole and reintegration back into the community.



Prison Services

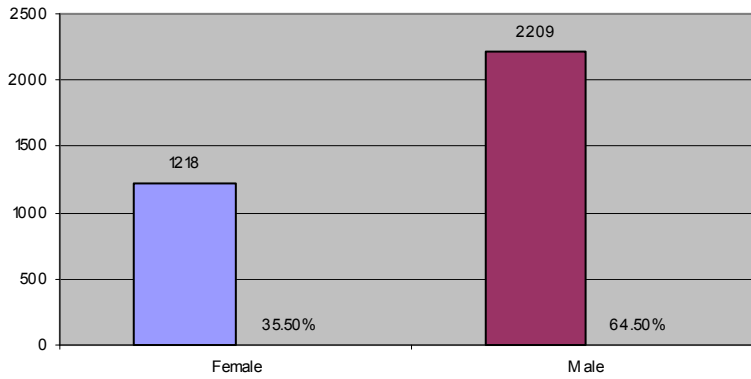
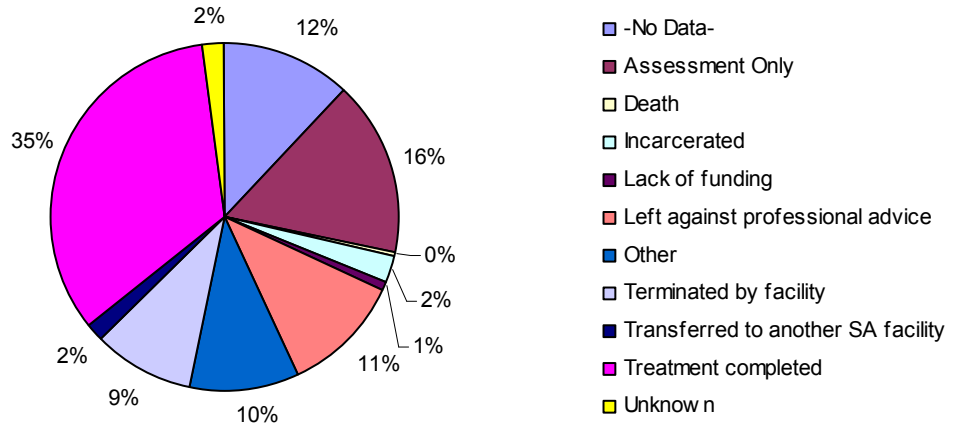
2010 has proven to be a very busy year for prison services across the Upper Peninsula. We have had numerous requests from prison liaison staff to provide additional cohorts at various facilities as the MDOC is adjusting to the number of inmates becoming eligible for parole who need services.

We continue to provide services at the following correctional facilities: Alger Correctional Facility, Baraga Correctional Facility, Chippewa East and West Correctional Facility, Kinross Correctional Facility, Kinross K-Unit, Marquette Branch Prison, Newberry Correctional Facility and Ojibway Correctional Facility.

Great Lakes Recovery Centers Prison Services staff continue to do an absolutely awesome job providing services to this group of men in a challenging environment, I want to sincerely thank our entire staff for their time and dedication. Those staff members include: Heidi Gibbons, Linda Sirtola, Deena Leinon, Rhonda Brey, and our newest staff, Cheryl Des Montaignes.

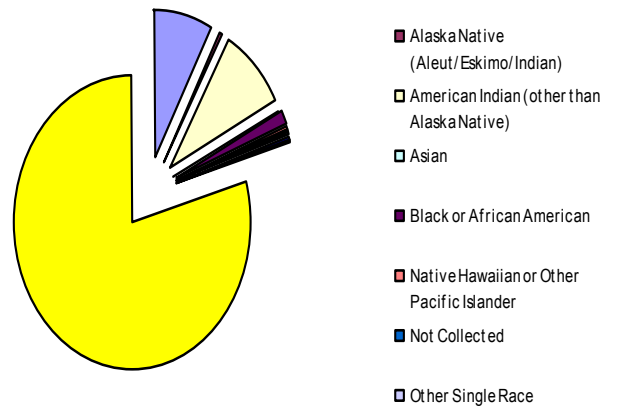


Agency Wide Completion Statistics



Gender

Race





Future Full of Hope

Ray Amtmann, Board President

Great Lakes Recovery Centers has just completed another challenging and exciting year. Our missions and services continue to expand and mature. We have become a full spectrum behavioral health, substance abuse, and rehabilitation services organization. We serve clients from Sault Ste. Marie to Ironwood covering the entire Upper Peninsula and into Wisconsin.

Our clients represent all sectors of the Upper Peninsula communities with a wide assortment of needs. Our services are delivered in both residential and outpatient settings. We also serve the populations of all the prisons in the Upper Peninsula and help facilitate the reintegration of parolees back into society. With the large variety of clients, our staff has to be very diverse and dedicated.

It is obvious to every citizen how challenging the last two years have been economically throughout the country, and the Upper Peninsula is no different. As an agency we face ever-tightening budgets. Many of our clients are also facing increased economic pressures, which may exacerbate their problems. So in this time of economic hardship, our services are needed more than ever. As our need to provide services has increased and our budgets have tightened, our staff is performing at an exceptional level.

Our counselors are providing exceptional services every day to a very needy clientele. Our administrative personnel are working diligently to support our frontline counseling staff by providing the best possible management of the myriad of different financial and administrative requirements of all the various state, federal, and third party organizations that refer our clients. Without this combined team, our clients would not be able to receive the first class care they deserve.

This teamwork is the true hallmark of our agency. We could not be as successful as we are without this sense of teamwork between totally dedicated people with very disparate skills and talents. Our budgetary challenges will continue for the foreseeable future, so we must continue our efforts to maximize the use of our resources and personnel. It will take the very best effort from all of our employees to continue the proud heritage of Great Lakes Recovery Centers. The good news is we have the talented people to meet the challenges!

*In the
middle of
difficulty lies
opportunity*



3rd Annual New
Hope Golf
Challenge,
Sault Ste. Marie, MI

Donors / Contributors

Great Lakes Recovery Centers warmly thanks the following contributors for their generous support of our programs and services, fundraisers and events during the 2010 fiscal year.



- Advantage Training
- Angthius Family
- Army National Reserve—Mqt. Armory
- Blue Cross Blue Shield
- Breakfast Rotary Club of Mqt.
- The Brownstone Inn
- Campus Pharmacy
- Carl & Sandra Gordon
- Catholic Social Services
- Clark Properties
- Cliff's Natural Resources
- CoCo's Restaurant
- College Laundry
- Comfort Suites
- David Jahn
- Deb Moiltor & Jeff Bremen
- Dr. Jeff Peterman
- Dr. Mike Grossman
- Dr. Peter Zenti
- Dr. Wayne Carlson
- Eagle Radio Group
- Econo Foods
- Family Video
- Farmer Q's Market
- Fox Negaunee
- Frei Chevrolet
- Graybill & Mead
- Guindon Moving & Storage
- Heritage Motors
- Huron Earth Deli
- Jack's IGA
- Jandrons Fine Jewelry
- Jilbert's Dairy
- Christine Johnson
- Lake Effect Entertainment
- Lutey's Flower Shop
- Lyle Warner
- MACASU
- Marquette-Alger RESA
- mBank
- McLean Family Chiropractic
- Meister's Showplace
- MHG / EMS
- Midtown Bakery
- Midway Rentals
- Old Mission Bank
- Pamela Monroe
- Paulette Patron
- Heather Perron
- Pride Printing
- Public Service Garage
- Ray Amtmann
- Reinhart Food Service
- Remax 1st Reality
- Ringside Fitness
- River Valley Bank
- Rob & Barb Jamros
- The Screened Image
- Shunk Furniture
- Starbucks Coffee
- Super One Foods
- SYSCO
- Tanglewood Marsh Golf Club
- U.P. R.R.C.
- Utopia Tanning
- VAST (fka Hetrick & Associates)
- Valle's Market
- Wal-Mart Superstore
- War Memorial Hospital
- Wattsson & Wattsson Jewelry
- West Ishpeming Dental Center
- WLUC TV-6

Thank You!

Hope & Healing in our Community



READY, SET, GO...
 Approximately 100 people participated at the 2010 Annual 10K Run/Walk for Recovery, Marquette, MI

how we strive to raise public awareness surrounding addiction and behavioral health issues are by coordinating and/or participating with the community by hosting an Annual 10K Recovery Run/Walk in Marquette, the New Hope Golf Challenge in Sault Ste. Marie and participating in the "Out of the Darkness" Suicide Prevention Walk in Marquette.

throughout Marquette County. In November 2010, Great Lakes Recovery Centers was honored to be chosen as the recipient of The Brownstone Inn's Annual Thanksgiving Dinner proceeds. Staff and clients from our Marquette locations volunteered to cook, serve and clean-up a complete dinner to 160 people.

Community involvement and service learning projects are another aspect of service that Great Lakes Recovery Centers feels strongly about. Throughout the year, our staff and clients have opportunities to give back to the community by participating in several events and community enrichment projects. Some examples of

Great Lakes Recovery Centers is proud to be the lead agency for the Annual "Great Giving" Care Packages to Our Troops campaign, supporting military members from the Upper Peninsula during the holiday season. We partner with other service agencies



Volunteers gather to assemble care packages for U.P. military troops.



3rd Annual Run for Recovery

In May 2010, the **3rd Annual 10K Recovery Run/Walk** as held in Marquette along the beautiful shore of Lake Superior. 100 participants joined together with staff, clients and alumni to support each other and the recovery community. Funds raised from this event benefited our Marquette Residential Programs.



The 3rd Annual Out of the Darkness-Suicide

Prevention Walk. September in the U.P. is beautiful and there was no better way to enjoy it than by participating in the **3rd Annual Out of the Darkness-Suicide Prevention Walk.** The walk traditionally begins at the Marquette Commons and follows Lakeshore Blvd. to Picnic Rocks. Funds raised help provide suicide prevention education and activities focused on youth and adults.



Administrative Office:

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Marquette MI 49855
(888) GLRC-REC (888) 457-2732
In Marquette:
(906) 228-9699
Fax (906) 228-0505
www.greatlakesrecovery.org

Great Lakes Recovery Centers is state licensed and nationally accredited by the Commission on Accreditation of Rehabilitation Facilities. We are compliant with the Health Insurance Portability and Accountability Act; and actively protect the confidentiality and privacy of all our clients. We are a non-profit, non-denominational, 501(c) 3 corporation.

**We're here for you.
Treatment works!**



Residential Locations:

*Marquette – Adolescents 12-17 (Co-Ed)
Marquette – Adults (Co-Ed)
Sault Ste. Marie – Adult Women & Infants
Sault Ste. Marie – Adult Men*

Outpatient Services:

<i>Escanaba</i>	<i>(906) 789-3528</i>
<i>Hurley, WI</i>	<i>(715) 561-3636</i>
<i>Iron Mountain</i>	<i>(906) 774-2561</i>
<i>Ironwood</i>	<i>(906) 932-3481</i>
<i>Ishpeming</i>	<i>(906) 485-2347</i>
<i>KI Sawyer</i>	<i>(906) 228-6545</i>
<i>Marquette</i>	<i>(906) 228-6545</i>
<i>Manistique</i>	<i>(906) 341-2244</i>
<i>Menominee</i>	<i>(906) 863-4153</i>
<i>Munising</i>	<i>(906) 387-3626</i>
<i>Newberry</i>	<i>(906) 293-1622</i>
<i>Sault Ste. Marie</i>	<i>(906) 632-9809</i>
<i>St. Ignace</i>	<i>(906) 643-0944</i>



**GIVE. ADVOCATE. VOLUNTEER.
LIVE UNITED.**

